

What We Do

- We provide **in-home skilled nursing and personal care, mental health counseling, assessment and case management, and social work** to older adults. Given the high cost of nursing homes and assisted living facilities, in-home care **saves money** and also allows more elderly people to **continue living independently** in their own homes.
- We provide **daily on-site services** through our Adult Day Program and mental health therapies through our Partial Hospitalization Program.
- Through our **Senior Companion Program**, healthy older adults help other seniors remain independent through companionship and help with daily tasks.
- Our **Margaret Wagner Apartments** provide high-quality residences to low-income older adults. Every apartment is also handicap-accessible.
- We are also home to the **Margaret Blenkner Research Institute**, our own independent research institute. Our researchers work on a wide variety of projects to discover the best ways to help older adults and their caregivers. Their work receives national recognition and **establishes Cleveland as a leader in elder care research**.
- **The Katz Policy Institute** advances the cause of improving the standards of care for elderly people by promoting awareness among the community and government officials.
- We provide **training to social workers and health care workers throughout Greater Cleveland** so they can adopt the most up-to-date standards of care for their elderly patients.

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Who We Help

Hallmarks of the Benjamin Rose Institute are the ability to transform elderly people's quality of life, and the willingness of BRI staff to go the extra mile for our clients when clients feel hopeless.

- Louise*, age 83, Cleveland, lived in a group home for more than 22 years. **The BRI social worker who visited Louise identified several hazards and reasons for concern** about the group home. Louise has diabetes and other health problems and no family living in Cleveland. **Her social worker helped Louise move into her own apartment in Cleveland Heights**. The BRI social worker went shopping at discount stores for Louise and helped provide her with bedding and furniture to become self-sufficient in a safe environment. **BRI continues to provide social work services to Louise in her new home.**
- Mrs. Anderson*, age 78, Cleveland, was discovered by the BRI Community Liaison still living in a nursing home, which she first entered over 6 years ago to recover from a fall. **She had long since been capable of living independently**. The BRI social worker worked to relocate Mrs. Anderson to the Margaret Wagner Apartments, BRI's low-income HUD apartments. **Mrs. Anderson now lives independently again and receives care as**

* Names have been changed to protect confidentiality



needed from BRI Home Care. BRI's partner organization, Concordia Care, also provided furniture to help establish Mrs. Anderson in her own home.

- Mr. Roberts* experienced **health problems that affected his ability to walk.** He was treated in the hospital and was ready to be released. However, **due to his new physical disability, he could no longer return to his 3rd floor walk-up apartment.** Staff of the Margaret Wagner Apartments, which include elevator access to all apartments, worked to secure a studio apartment for Mr. Roberts. The apartment manager and maintenance manager personally **helped Mr. Roberts move his belongings into his new apartment.** Mr. Roberts was overcome with gratitude for these acts of kindness at a time when he had no one else to turn to for help.
- Mrs. Thompson*, age 79, was a **social work client who experienced dementia and memory loss.** The widowed Mrs. Thompson lived alone. A BRI social worker began meeting with her regularly to determine appropriate services to help improve her quality of life. **The pair developed a friendship resulting from the social worker's compassionate service.** Eventually, Mrs. Thompson's memory loss caused her to forget to take her medicine. For this reason, she was admitted to a nursing home to protect her health and safety.

Since Mrs. Thompson could no longer live independently, she could not return to her apartment. The social worker created a partnership with the nursing home to determine the best long-term plan for Mrs. Thompson.

Family members lived out of state but Mrs. Thompson could not remember how to contact them. The social worker helped Mrs. Thompson search through her personal papers and belongings to find the names and phone numbers of her loved ones. They were relieved to hear that Mrs. Thompson was alive and well and were grateful to the social worker for going the extra mile and reconnecting their family. Eventually, the Benjamin Rose Institute provided funds to reunite the family in Cleveland. **Mrs. Thompson was able to relocate** to live with family members. **She now receives continuous care at home, surrounded by her loved ones.**

This is one of the things the Benjamin Rose Institute does best: going the extra mile to help elderly people enjoy a higher quality of life in their own homes!



What They Say About Us...

"I bless the day the Benjamin Rose Institute came into mine and my mother's lives. The people who came to my mother's home are all very wonderful people. Now this respite service with the C.O.P.E. Project is a real gift. It will definitely make my life easier. I thank you from the bottom of my heart."

"It really is true that no one can do this alone. I've also learned that change will continue, and I will need to be prepared for what will work next."

"Thank you again for all of your help. It made a world of difference for us."

"This is a wonderful and most helpful service to the community. My biggest hope is that Lee [BRI staff member] will still be at Access Your Benefits in a few years when I am ready to go on Medicare [too]."

"[This note] is an acknowledgment of your sense of caring during these difficult times for me and my family. I shall always remember how dedicated you were to the tasks, a testament to your professionalism."