

AGING STRATEGIC ALIGNMENT PROJECT

State Profile for

IDAHO

Home- and Community-based Services for Older Adults and Adults with Physical Disabilities

Background

- Idaho's 60+ population was 257,172 in 2008 (16.9% of the state's total population), with 9.2% below the federal poverty level.¹
- The 60+ population is projected to be 422,893 in 2025 (22.8% of the state's total population).²
- About 21.4% of all households in 2007 had one or more persons age 65 years and older and 39.8% of persons age 65 years and older had a disability.³
- Of the 193,302 Medicaid beneficiaries in the state in 2003, 6.2% were aged, 13.7% were blind and disabled, 11.4% were Dual Eligible, and 3.0% were HCBS waiver beneficiaries.⁴
- Medicaid expenditures for institutional long-term care were 56.4% of total long-term-care expenditures, compared to 43.6% for HCBS in fiscal year 2007.⁵

Abbreviations

AAA	Area Agency on Aging
ADL	Activities of Daily Living
AoA	Administration on Aging
CMS	Centers for Medicare and Medicaid Services
HCBS	Home- and Community-based Services
IADL	Instrumental Activities of Daily Living
MRDD	Mental Retardation and Developmental Disabilities
OAA	Older Americans Act
PACE	Program of All-inclusive Care for the Elderly
SUA	State Unit on Aging

¹ Department of Health and Human Services, Administration on Aging. (2009). *AGing Integrated Database (AGID): American Community Survey (ACS) demographic data 2004-2007 and state-level population estimates data 2000-2008* [Data files]. Available from <http://198.136.163.234/default.asp>

² Department of Health and Human Services, Administration on Aging. (2009). *AGing statistics: Projected future growth of the Older population; By state: 2005-2030; Aged 60 and above* [Data files]. Available from http://www.aoa.gov/AoARoot/Aging_Statistics/future_growth/future_growth.aspx.

³ Reimbursement and Research Department, American Health Care Association. (2006, August 29). *The state long-term health care sector 2005: Characteristics, utilization, and government funding*. Washington, DC: Author.

⁴ U.S. Census Bureau, 2007 American Community Survey, United States and States. *Percent of households with one or more people 65 years and over (R1104) and Percent of people 65 years and over with a disability (R1803)*.

⁵ Burwell, B., Sredl, K., & Eiken, S. (2008, September 26). *Medicaid long term care expenditures FY 2007*. Eagan, MN: Thomson Reuters.

Government Structure to Manage HCBS Assessment Process

- SUA: Idaho Commission on Aging
www.idahoaging.com/abouticoa/index.htm
- State Medicaid Agency: Division of Medicaid, Department of Health and Welfare
www.idahohealth.org/
- Idaho does not have a consolidated agency for long-term-care programs. The following agencies handle long-term care: Commission on Aging and the Division of Medicaid, Department of Health and Welfare.
- The commissioner of Idaho's SUA reports to the Governor.
- Idaho has six Area Agencies on Aging.

Single Point of Entry (SPE)/Aging and Disability Resource Center (ADRC)

- Idaho has an ADRC that is in the process of becoming statewide.
- One ADRC site has a physical (bricks and mortar) infrastructure; Idaho also has an ADRC website operating under a virtual model.
- In addition to serving older adults, Idaho's ADRC partners with the appropriate agency to serve: MRDD, physically disabled, cognitively impaired, Alzheimer's disease and related conditions, families and children, and persons with mental health problems.
- Idaho's ADRC has a pilot site and is changing the model to become statewide; CMS has extended the grant to make this possible. The pilot has been minimized while the transition takes place. The new ADRC model will have a virtual model and will be linked with all six AAAs to in order to obtain information and resources.

Medicaid

- For Medicaid applicants, in determining functional eligibility for nursing home pre-admission, Idaho requires an in-person assessment by someone other than nursing home staff. The assessment is conducted by the state agency: Division of Medicaid.

Non-Medicaid

- For non-Medicaid applicants in Idaho, nursing home pre-admission assessment is not performed by someone other than nursing home staff.

State Medicaid Plan

- Idaho provides HCBS through the state Medicaid plan.
- Refer to Table 1 for specific services provided.
- **PACE:** Idaho does not have any PACE sites.

Medicaid Waivers

- Idaho has one waiver that provides HCBS to older adults and/or adults with physical disabilities. The name of the waiver is: Aged and Disabled Waiver.
- **Aged and Disabled Waiver:** This program serves persons aged 18 years and older. The income and asset limits for individuals under this waiver are 300% FPL and \$2,000, respectively. A Uniform Assessment Tool is used for functional assessment.
- Refer to Table 2 for an overview of selected HCBS programs. Table 1 shows the types of services offered under each program.

CMS-funded Programs and Grants

- Idaho does not have CMS-funded programs or grants that provide HCBS to older adults or adults with physical disabilities.

State-funded HCBS Programs

- Idaho does not have state-funded HCBS programs that provide HCBS to older adults and/or adults with physical disabilities.

Locally Funded HCBS Programs

- Idaho does not use local funds for HCBS for older adults and/or adults with physical disabilities.

OAA-funded Programs and Grants

- Refer to Table 1 for services provided through Title III of the Older Americans Act.
- Idaho uses cost-sharing mechanisms or sliding fee scales in the delivery of Title III services.

Social Service Block Grants (SSBG) and Community Service Block Grants (CSBG) for HCBS

- Idaho does not use SSBG to provide HCBS for older adults and/or adults with physical disabilities.
- Idaho does not use CSBG to provide HCBS for older adults and/or adults with physical disabilities.

Consumer Direction

- Idaho offers consumer-directed options. The HCBS program in the state that offers consumer direction is: Aged and Disabled Waiver.
- Those permitted to provide services under consumer direction in Idaho are: provider agencies, adult children of the consumer, other family members, and friends.
- Idaho uses fiscal intermediary services in connection with consumer direction. There are approximately five in the state.

Managed Care

- Idaho has HCBS programs run by managed care health plans.
- The HCBS program is the Medicare/Medicaid Coordinated Benchmark Benefit Package for older adults or individuals who are dual eligible for Medicare and Medicaid.

Major Accomplishments and Initiatives

- The collaboration with Medicaid and its Long Term Care Bureau has enhanced all the coordination efforts for HCBS programs and services.
- Idaho would like to encourage the AAAs to look for opportunities to be service providers in order to help participants in the Aged and Disabled Waiver program.

Table 1: Types of Home- and Community-based Services Provided Under Idaho’s Programs for Older Adults and Adults with Physical Disabilities

Types of Services	Program Type / Funding Source				
	Medicaid Waivers	CMS-funded Programs and Grants		State Medicaid Plan	OAA Title III
	Aged and Disabled Waiver	Money Follows the Person	Veterans HCBS Program		
Adult Day Care / Adult Day Health					X
Assisted Living	X				
Caregiver Services / Respite / Education	X				X
Case Management / Care Coordination	X				X
Chore / Homemaking	X				X
Companion Services / Socialization Activities	X				X
Employment					X
Equipment / Supplies / Modifications / Assistive Technology	X				X
Health Promotion Activities					X
Home Health / Personal Care	X			X	X
Information / Assistance / Referral					X
Legal Assistance / Financial Advice					
Medical / Dental / Medication Care	X				
Mental and Behavioral Health Services	X				X
Nursing	X				X
Nutrition / Meals	X				X
Personal Supports for Community Living / Transitioning					
Rehabilitation / Therapy	X				X
Residential Services					X
Transportation	X				X
Other/Unspecified HCBS					

Table 2: Selected HCBS Programs for Older Adults and Adults with Physical Disabilities in Idaho

Program Type / Funding Source	Program Name	Ages Served	Nursing Home Level of Care Required	Entity Responsible for Functional Assessment	Entity Responsible for Financial Assessment	Entity Responsible for Case Management	Waiting List (Number)	Consumer Direction Option
Medicaid Waivers	Aged and Disabled Waiver	18+	Yes	State agency: Department of Health and Welfare, Division of Medicaid	State agency: Department of Health and Welfare, Division of Medicaid	Case management entities	No	Yes

