

# AGING STRATEGIC ALIGNMENT PROJECT

## State Profile for

# MISSOURI

## Home- and Community-based Services for Older Adults and Adults with Physical Disabilities

### Background

- Missouri's 60+ population was 1,110,339 in 2008 (18.8% of the state's total population), with 9.3% below the federal poverty level.<sup>1</sup>
- The 60+ population is projected to be 1,583,917 in 2025 (25.1% of the state's total population).<sup>2</sup>
- About 23.6% of all households in 2007 had one or more persons age 65 years and older, and 42.3% of persons age 65 years and older had a disability.<sup>3</sup>
- Of the 1,081,496 Medicaid beneficiaries in the state in 2003, 8.1% were aged, 13.7% were blind and disabled, 15.9% were Dual Eligible, and 0.7% were HCBS waiver beneficiaries.<sup>4</sup>
- Medicaid expenditures for institutional long-term care were 55.1% of total long-term-care expenditures, compared to 44.9% for HCBS in fiscal year 2007.<sup>5</sup>

#### Abbreviations

AAA	Area Agency on Aging
ADL	Activities of Daily Living
AoA	Administration on Aging
CMS	Centers for Medicare and Medicaid Services
HCBS	Home- and Community-based Services
IADL	Instrumental Activities of Daily Living
MRDD	Mental Retardation and Developmental Disabilities
OAA	Older Americans Act
PACE	Program of All-inclusive Care for the Elderly
SUA	State Unit on Aging

<sup>1</sup> Department of Health and Human Services, Administration on Aging. (2009). *AGing Integrated Database (AGID): American Community Survey (ACS) demographic data 2004-2007 and state-level population estimates data 2000-2008* [Data files]. Available from <http://198.136.163.234/default.asp>

<sup>2</sup> Department of Health and Human Services, Administration on Aging. (2009). *AGing statistics: Projected future growth of the Older population; By state: 2005-2030; Aged 60 and above* [Data files]. Available from [http://www.aoa.gov/AoARoot/Aging\\_Statistics/future\\_growth/future\\_growth.aspx](http://www.aoa.gov/AoARoot/Aging_Statistics/future_growth/future_growth.aspx).

<sup>3</sup> Reimbursement and Research Department, American Health Care Association. (2006, August 29). *The state long-term health care sector 2005: Characteristics, utilization, and government funding*. Washington, DC: Author.

<sup>4</sup> U.S. Census Bureau, 2007 American Community Survey, United States and States. *Percent of households with one or more people 65 years and over (R1104) and Percent of people 65 years and over with a disability (R1803)*.

<sup>5</sup> Burwell, B., Sredl, K., & Eiken. S. (2008, September 26). *Medicaid long term care expenditures FY 2007*. Eagan, MN: Thomson Reuters.

## Government Structure to Manage HCBS

- **SUA:** Missouri Division of Senior and Disability Services.  
www.dhss.mo.gov
- **State Medicaid Agency:** Missouri Healthnet Division.  
www.dss.mo.gov/fsd/msmed.htm
- Missouri does not have a consolidated agency for long-term-care programs. The Division of Senior and Disability Services, through a memorandum of understanding with Missouri Healthnet Division, handles HCBS programs and quality oversight.
- The director of Missouri's SUA reports to the director of the Department of Health and Senior Services, who reports to the Governor.
- Missouri has 10 Area Agencies on Aging.

## Single Point of Entry (SPE)/Aging and Disability Resource Center (ADRC)

- Missouri has an SPE that is not statewide.
- The SPEs have physical locations; there is not a virtual component.
- In addition to serving older adults, Missouri's SPEs serve persons with physical disabilities, MRDD and/or cognitive impairments, veterans, and anyone needing HCBS.
- The SPEs are being developed under an ADRC grant in conjunction with a hospital discharge planning grant to serve an 18-county area.

## Assessment Process

### Medicaid

- For Medicaid applicants, in determining functional eligibility for nursing home pre-admission, Missouri does not require an in-person assessment by someone other than nursing home staff. All nursing homes are required to give every applicant who is using Medicaid

to pay for his or her care an information booklet on how to access long-term-care services in the home. If they choose to do so, nursing homes refer applicants to the SUA for in-person assessment.

### Non-Medicaid

- For non-Medicaid applicants in Missouri, nursing home pre-admission assessment is not performed.

### State Medicaid Plan

- Missouri provides HCBS through the state Medicaid plan.
- Refer to Table 1 for specific services provided.
- **PACE:** Missouri has two PACE sites. One of these is in the planning stage.

### Medicaid Waivers

- Missouri has two waivers that provide HCBS to older adults and/or adults with physical disabilities. These are: Aged and Disabled Waiver and Independent Living Waiver.
- **Aged and Disabled Waiver:** A comprehensive functional assessment is carried out covering functional status, unmet needs, and current support systems. There are nine categories for level of care; to qualify for nursing home level of care, the applicant must score at least at the 21-point level. The assessments are generally done in the applicant's home but can be done in a hospital or nursing facility. The income limit for an individual is \$1,187, the asset limit is \$1,000, and spousal impoverishment rules apply; applicants are considered as individuals so there are no income and asset limits for couples/households. The program serves about 22,000 individuals.
- **Independent Living Waiver:** This program uses the same assessment process as the Aged and Disabled Waiver; the income limit for an individual is \$737 with a \$999.99 asset limit; the married income limit is \$992 with a \$1,999.99 asset limit; the waiver is approved for 600 participants. The personal care services in this waiver are consumer-directed; waiver applicants must

be able to self-direct their personal care attendant services.

- Refer to Table 2 for an overview of selected HCBS programs. Table 1 shows the types of services offered under each program.

## CMS-funded Programs and Grants

- Missouri has one CMS-funded program and grant: Money Follows the Person.
- **Money Follows the Person:** Applicants must be in a nursing facility at least six months and on Medicaid at least one month to qualify. They must transition to a house that the participant or participant's family owns or leases, or to a residential setting with no more than four individuals living in the home. This is a joint program of the Department of Health and Senior Services, Department of Mental Health and the Missouri Healthnet Division.
- Refer to Table 2 for an overview of selected HCBS programs. Table 1 shows the types of services offered.

## State-funded HCBS Programs

- Missouri does not have state-funded HCBS programs for older adults and/or adults with physical disabilities.

## Locally Funded HCBS Programs

- Missouri uses local funds for HCBS for older adults and/or adults with physical disabilities.
- A number of counties use earmarked county-level tax funds that are managed by a tax board. The funds can be appropriated for a variety of services including home-based care (generally for those who do not qualify for state-authorized services) and for building and operating senior centers.

## OAA-funded Programs and Grants

- Missouri does not use cost-sharing mechanisms or sliding fee scales in the delivery of Title III services.

- Refer to Table 1 for services provided through Title III of the OAA.
- Missouri has other OAA-funded programs and grants that provide HCBS to older adults and/or adults with physical disabilities. These include an Alzheimer's grant to provide caregiver education, training and support.

## Social Service Block Grants (SSBG) and Community Service Block Grants (CSBG) for HCBS

- Missouri uses SSBG to provide HCBS for older adults and/or adults with physical disabilities.
- SSBG funds are combined with state revenue funds to provide HCBS to persons who are in the process of Medicaid spend down or during periods of ineligibility for Medicaid. A policy change resulted in some Medicaid recipients (approximately 90 physically disabled adults) becoming ineligible; their services are covered until they leave the program through attrition or spend down to Medicaid.
- Missouri does not use CSBG to provide HCBS for older adults and/or adults with physical disabilities.

## Consumer Direction

- Missouri offers consumer-directed options. The HCBS programs in the state that offer consumer direction are state plan Consumer-Directed Services (personal care attendant services) and the Independent Living Waiver (personal care attendant services). The participant works with a Center for Independent Living or Consumer-Directed Services vendor to select a caregiver; these organizations also function as the participant's fiscal intermediary to pay the caregiver based on timesheets/services rendered.

## Managed Care

- Missouri has HCBS programs run by managed care health plans.

- Personal care and adult day health care must be provided by managed care health plans when the individual meets the eligibility criteria. This generally includes individuals who receive Medicaid services through a designated sole source provider or vendor.
- CMS has approved an Assisted Living Waiver. The waiver will reimburse for three levels of need plus incontinence supplies for Missouri Healthnet participants residing in a licensed Assisted Living Facility enrolled as a Medicaid provider, thus enabling participants to postpone or avoid using nursing home care.

### Major Accomplishments and Initiatives

- Missouri is working to expand HCBS choices, particularly through consumer-directed options of care.
- There are serious concerns about the economy at the state and federal levels and how this will impact HCBS.

Types of Services	Program Type / Funding Source				
	Medicaid Waivers		CMS-funded Programs and Grants	State Medicaid Plan	OAA Title III
	Aged and Disabled Waiver	Independent Living Waiver	Money Follows the Person		
Adult Day Care / Adult Day Health				X	X
Assisted Living					
Caregiver Services / Respite / Education	X				X
Case Management / Care Coordination					X
Chore / Homemaking	X				X
Companion Services / Socialization Activities					
Employment					
Equipment / Supplies / Modifications / Assistive Technology		X			X
Health Promotion Activities					
Home Health / Personal Care		X		X	X
Information / Assistance / Referral					X
Legal Assistance / Financial Advice					X
Medical / Dental / Medication Care					
Mental and Behavioral Health Services					
Nursing				X	
Nutrition / Meals	X				X
Personal Supports for Community Living / Transitioning					
Rehabilitation / Therapy					
Residential Services					
Transportation					X
Other/Unspecified HCBS					

Table 2: Selected Home- and Community-based Services Programs for Older Adults and Adults with Physical Disabilities in Missouri

Program Type / Funding Source	Program Name	Ages Served	Nursing Home Level of Care Required	Entity Responsible for Functional Assessment	Entity Responsible for Financial Assessment	Entity Responsible for Case Management	Waiting List (Number)	Consumer Direction Option
Medicaid Waivers	Aged and Disabled Waiver	63+	Yes	State agency: Department of Health and Senior Services	State agency: Department of Social Services	Information not reported	No	No
	Independent Living Waiver	18 - 64	Yes	State agency: Department of Health and Senior Services, Division of Senior and Disability Services	State agency: Department of Social Services	Center for Independent Living; Non-profit (other than AAA or CIL)	Yes (39)	Yes
CMS-funded Programs and Grants	Money Follows the Person (MFP)	18+	Yes	State agency: Department of Health and Senior Services	State agency: Department of Social Services	No case management	No	No