

# AGING STRATEGIC ALIGNMENT PROJECT

## State Profile for

# NEW MEXICO

## Home- and Community-based Services for Older Adults and Adults with Physical Disabilities

### Background

- New Mexico's 60+ population was 360,142 in 2008 (18.1% of the state's total population), with 12.3% below the federal poverty level.<sup>1</sup>
- The 60+ population is projected to be 647,186 in 2025 (30.7% of the state's total population).<sup>2</sup>
- About 23.8% of all households in 2007 had one or more persons age 65 years and older and 45.9% of persons age 65 years and older had a disability.<sup>3</sup>
- Of the 452,120 Medicaid beneficiaries in the state in 2003, 4.7% were aged, 11.7% were blind and disabled, 10.1% were Dual Eligible, and 2.0% were HCBS waiver beneficiaries.<sup>4</sup>
- Medicaid expenditures for institutional long-term care were 27.1% of total long-term-care expenditures, compared to 72.9% for HCBS in fiscal year 2007.<sup>5</sup>

#### Abbreviations

AAA	Area Agency on Aging
ADL	Activities of Daily Living
AoA	Administration on Aging
CMS	Centers for Medicare and Medicaid Services
HCBS	Home- and Community-based Services
IADL	Instrumental Activities of Daily Living
MRDD	Mental Retardation and Developmental Disabilities
OAA	Older Americans Act
PACE	Program of All-inclusive Care for the Elderly
SUA	State Unit on Aging

<sup>1</sup> Department of Health and Human Services, Administration on Aging. (2009). *AGing Integrated Database (AGID): American Community Survey (ACS) demographic data 2004-2007 and state-level population estimates data 2000-2008* [Data files]. Available from <http://198.136.163.234/default.asp>

<sup>2</sup> Department of Health and Human Services, Administration on Aging. (2009). *Aging statistics: Projected future growth of the Older population; By state: 2005-2030; Aged 60 and above* [Data files]. Available from [http://www.aoa.gov/AoARoot/Aging\\_Statistics/future\\_growth/future\\_growth.aspx](http://www.aoa.gov/AoARoot/Aging_Statistics/future_growth/future_growth.aspx).

<sup>3</sup> Reimbursement and Research Department, American Health Care Association. (2006, August 29). *The state long-term health care sector 2005: Characteristics, utilization, and government funding*. Washington, DC: Author.

<sup>4</sup> U.S. Census Bureau, 2007 American Community Survey, United States and States. *Percent of households with one or more people 65 years and over* (R1104) and *Percent of people 65 years and over with a disability* (R1803).

<sup>5</sup> Burwell, B., Sredl, K., & Eiken, S. (2008, September 26). *Medicaid long term care expenditures FY 2007*. Eagan, MN: Thomson Reuters.

## Government Structure to Manage HCBS

- **SUA:** New Mexico Aging and Long Term Services Department  
www.nmaging.state.nm.us/
- **State Medicaid Agency:** New Mexico Human Services Department/Medical Assistance Division  
www.hsd.state.nm.us/mad/index.html
- New Mexico has three agencies that assist in the administration of long-term services. These agencies, also called the tri-agencies, include the New Mexico Aging and Long Term Services Department, the New Mexico Department of Health, and the New Mexico Human Services Department/ Medical Assistance Division.
- The secretary of New Mexico's SUA is a member of the cabinet and reports to the Governor.
- New Mexico has six Area Agencies on Aging.

## Single Point of Entry (SPE)/Aging and Disability Resource Center (ADRC)

- New Mexico has an ADRC that is statewide and is located in Santa Fe.
- In addition to serving older adults, New Mexico's ADRC provides information and referral for people of all ages. The ADRC does intake for Adult Protective Services, and manages the Aging and Long-Term Services Department's Central Registry and the Brain Injury Registry for HCBS. In addition, the ADRC offers a prescription drug assistance program. The ADRC counselors utilize a database with more than 4,000 service providers. This same database is published to the web for use by the public.

## Assessment Process

### Medicaid

- Information not reported.

### Non-Medicaid

- Information not reported.

## State Medicaid Plan

- New Mexico provides HCBS through the state Medicaid plan.
- Refer to Table 1 for specific services provided.
- **PACE:** New Mexico has one PACE site located in Albuquerque.

## Medicaid Waivers

- New Mexico has two waivers that provide HCBS to older adults and/or adults with physical disabilities. These are: Disabled and Elderly Waiver (D&E) and Mi Via (New Mexico's Self Direction Waiver).
- **Disabled and Elderly Waiver:** This program serves persons of all ages. Individuals must meet eligibility in terms of both medical and financial institutional level of care. Participants enter the program through the Central Registry, managed by the New Mexico Aging and Long-Term Services Department, ADRC. Participants are allowed to choose their case management agency. The case manager can help the participant get to the doctor, and assist with completing all necessary forms and assessment requirements. A participant must have a nursing home level of care need and the need for assistance with two ADLs. The income and asset limit for an individual are 300% of SSI and \$3,000, respectively. As of September 2008, there were 3,315 individuals receiving services under this waiver.
- **Mi Via-Self Directed Waiver:** This program targets individuals already receiving traditional waiver services through the Disabled and Elderly Waiver HCBS waiver program, or who have been newly enrolled through the central registry. This includes individuals diagnosed with a brain injury. Individuals are required to meet a nursing facility level of care and specific financial eligibility criteria. Two unique features of the Mi Via program are the ability to self-direct services, and the flexibility to create and manage services and supports that meet individual needs and may not oth-

erwise be available in a traditional waiver model. With the help of a consultant, and based upon their needs, participants create a services-and-supports plan and a budget that they manage, which includes the flexibility to hire support workers and purchase goods and other services. A third-party assessor approves the services-and-supports plan and budget. This program is administered through a tri-agency partnership including the New Mexico Aging and Long Term Services, the New Mexico Department of Human Services, and the New Mexico Department of Health.

- Refer to Table 2 for an overview of selected HCBS programs. Table 1 shows the types of services offered under each program.

### **CMS-funded Programs and Grants**

- New Mexico does not have CMS-funded programs and grants that provide HCBS to older adults and/or adults with physical disabilities.

### **State-funded HCBS Programs**

- The New Mexico Aging and Long-Term Services Department has several state-funded programs offering short-term in-home services, adult day care, meals, and environmental modifications to eligible older adults and/or adults with physical disabilities and brain injuries.

### **Locally Funded HCBS Programs**

- New Mexico uses local funds for HCBS for older adults and/or adults with physical disabilities.
- Many cities, including Albuquerque, Santa Fe and Las Cruces, as well as area Native American communities contribute significant resources for local (non-Medicaid) services and supports.

### **OAA-funded Programs and Grants**

- Refer to Table 1 for services provided through Title III of the OAA.
- New Mexico uses cost-sharing mechanisms or sliding fee scales in the delivery of Title III services.

- The Title III funding is used on a limited basis, primarily for adult day care.
- New Mexico has one other OAA-funded program and grant that provides HCBS to older adults and/or adults with physical disabilities. This is: Benefits Counseling. Benefits Counseling provides direct services (congregate meals, home delivered meals, adult day health, legal assistance, etc.) in the community.

### **Social Service Block Grants (SSBG) and Community Service Block Grants (CSBG) for HCBS**

- New Mexico uses SSBG to provide HCBS for older adults and/or adults with physical disabilities.
- The SSBG funds are used to support services offered through the AAAs.
- New Mexico does not use CSBG to provide HCBS for older adults and/or adults with physical disabilities.

### **Consumer Direction**

- New Mexico offers consumer-directed options. The HCBS program in the state that offers consumer direction is Mi Via-Self Directed Waiver.
- Those permitted to provide services under consumer direction in New Mexico are: provider agencies, spouses, adult children of the consumer, other family members, friends, and anyone who is part of a participant's circle of support.
- New Mexico uses fiscal intermediary services in connection with consumer direction. The fiscal intermediary pays for services, supports, and goods purchased through the Mi Via waiver.

### **Managed Care**

- New Mexico has HCBS programs run by managed care health plans
- Coordination of Long Term Services (CoLTS) is currently being implemented in New Mexico under a

1915(b)/(c) combination, which will provide HCBS for older adults and people with disabilities (includes those with brain injury, but not developmental disabilities). CoLTS is intended to manage long-term services and acute-care services for certain Medicaid populations, for example, adults receiving personal care options benefits and individuals receiving Disabled and Elderly Waiver services. Additionally, CoLTS coordinates Medicaid and Medicare benefits for participants who are dually eligible. The CoLTS initiative is coordinated between the New Mexico Human Services Department/Medical Assistance Division and the New Mexico Aging and Long-Term Services Department/Elderly & Disability Services Division. By June 30, 2009, New Mexico projects that approximately 38,000 individuals will be transitioned into the CoLTS program.

### Major Accomplishments and Initiatives

- Development and implementation of the Mi Via Self Directed Waiver.
- Implementation of CoLTS on a geographic phase-in basis. The last phase of the CoLTS implementation will begin in April, 2009, and will be completed by June 30, 2009.

**Table 1: Types of Home- and Community-based Services Provided Under New Mexico's Programs for Older Adults and Adults with Physical Disabilities**

Types of Services	Program Type / Funding Source			
	Medicaid Waivers		State Medicaid Plan	OAA Title III
	Disabled and Elderly Waiver	Mi Via - Self-Directed Waiver		
Adult Day Care / Adult Day Health	X	X		X
Assisted Living	X	X		
Caregiver Services / Respite / Education	X	X		X
Case Management / Care Coordination	X	X	X	X
Chore / Homemaking		X		X
Companion Services / Socialization Activities		X		X
Employment				
Equipment / Supplies / Modifications / Assistive Technology	X	X	X	
Health Promotion Activities		X		X
Home Health / Personal Care		X	X	
Information / Assistance / Referral				X
Legal Assistance / Financial Advice				X
Medical / Dental / Medication Care			X	
Mental and Behavioral Health Services				
Nursing	X	X		
Nutrition / Meals		X		X
Personal Supports for Community Living / Transitioning		X		X
Rehabilitation / Therapy	X	X	X	
Residential Services				
Transportation		X	X	X
Other/Unspecified HCBS				

**Table 2: Overview of New Mexico's Home- and Community-based Services Programs for Older Adults and Adults with Physical Disabilities**

Program Type / Funding Source	Program Name	Ages Served	Nursing Home Level of Care Required	Entity Responsible for Functional Assessment	Entity Responsible for Financial Assessment	Entity Responsible for Case Management	Waiting List (Number)	Consumer Direction Option
Medicaid Waivers	Disabled and Elderly Waiver	No age restriction	Yes	Medicaid utilization review contractor	State agency: Income Support Division, Human Services Department	Case Management Agencies	Yes (17,340)	No
	Mi Via - Self-Directed Waiver	No age restriction	Yes	Third-party assessor/ utilization management contractor	State agency: Income Support Division, Human Services Department	Consultant contractor agency	Yes	Yes