

# AGING STRATEGIC ALIGNMENT PROJECT

## State Profile for

# TENNESSEE

## Home- and Community-based Services for Older Adults and Adults with Physical Disabilities

### Background

- Tennessee's 60+ population was 1,155,990 in 2008 (18.6% of the state's total population), with 11.5% below the federal poverty level.<sup>1</sup>
- The 60+ population is projected to be 1,714,105 in 2025 (24.2% of the state's total population).<sup>2</sup>
- About 23% of all households in 2007 had one or more persons age 65 years and older, and 45.7% of persons age 65 years and older had a disability.<sup>3</sup>
- Of the 1,729,589 Medicaid beneficiaries in the state in 2003, 5.1% were aged, 18.9% were blind and disabled, 16.5% were Dual Eligible, and 0.3% were HCBS waiver beneficiaries.<sup>4</sup>
- Medicaid expenditures for institutional long-term care were 70.1% of total long-term-care expenditures, compared to 29.9% for HCBS in fiscal year 2007.<sup>5</sup>

#### Abbreviations

AAA	Area Agency on Aging
ADL	Activities of Daily Living
AoA	Administration on Aging
CMS	Centers for Medicare and Medicaid Services
HCBS	Home- and Community-based Services
IADL	Instrumental Activities of Daily Living
MRDD	Mental Retardation and Developmental Disabilities
OAA	Older Americans Act
PACE	Program of All-inclusive Care for the Elderly
SUA	State Unit on Aging

<sup>1</sup> Department of Health and Human Services, Administration on Aging. (2009). *AGing Integrated Database (AGID): American Community Survey (ACS) demographic data 2004-2007 and state-level population estimates data 2000-2008* [Data files]. Available from <http://198.136.163.234/default.asp>

<sup>2</sup> Department of Health and Human Services, Administration on Aging. (2009). *AGing statistics: Projected future growth of the Older population; By state: 2005-2030; Aged 60 and above* [Data files]. Available from [http://www.aoa.gov/AoARoot/Aging\\_Statistics/future\\_growth/future\\_growth.aspx](http://www.aoa.gov/AoARoot/Aging_Statistics/future_growth/future_growth.aspx).

<sup>3</sup> Reimbursement and Research Department, American Health Care Association. (2006, August 29). *The state long-term health care sector 2005: Characteristics, utilization, and government funding*. Washington, DC: Author.

<sup>4</sup> U.S. Census Bureau, 2007 American Community Survey, United States and States. *Percent of households with one or more people 65 years and over* (R1104) and *Percent of people 65 years and over with a disability* (R1803).

<sup>5</sup> Burwell, B., Sredl, K., & Eiken. S. (2008, September 26). *Medicaid long term care expenditures FY 2007*. Eagan, MN: Thomson Reuters.

## Government Structure to Manage HCBS

- **SUA:** Tennessee Commission on Aging and Disability. [www.state.tn.us/comaging/](http://www.state.tn.us/comaging/)
- **State Medicaid Agency:** TennCare. [www.state.tn.us/tenncare](http://www.state.tn.us/tenncare)
- Tennessee does not have a consolidated agency for long-term-care programs. The following agencies handle long-term care: The Commission on Aging and Disability has the responsibility of the OAA programs; TennCare runs the waiver for Long-Term Care and HCBS.
- The director of Tennessee's SUA reports to the Tennessee Commission on Aging and Disability, who reports to the Governor.

## Single Point of Entry (SPE)/Aging and Disability Resource Center (ADRC)

- Tennessee has an ADRC that is not statewide.
- All ADRC sites have a physical (bricks and mortar) infrastructure; all ADRC sites operate under a virtual model.
- In addition to serving older adults, Tennessee's ADRC serves those with MRDD and those with physical disabilities.
- The ADRC sites in Tennessee is called the Aging and Disability Resource Connection. There are two pilot sites housed within two AAAs.
- The ADRC in Nashville and Cookeville conduct ongoing case management duties for the HCBS for Elderly and Disabled Waiver.

## Assessment Process

### Medicaid

- *Information not reported.*

## Non-Medicaid

- Individuals have to qualify for Level 1 nursing home level of care. The Pre-Admission Evaluation (PAE) submitted to TennCare must be completed by the nursing home whether Medicaid eligible or not.

## State Medicaid Plan

- Tennessee provides HCBS through the state Medicaid plan.
- Refer to Table 1 for specific services provided.
- **PACE:** Tennessee has one PACE site in Chattanooga; additional sites are being planned.

## Medicaid Waivers

- Tennessee has one waiver that provides HCBS to older adults and/or adults with physical disabilities. This is: HCBS for Elderly and Disabled.
- **HCBS for Elderly and Disabled:** This program serves those age 21 and older and those who are disabled. A case manager from the AAA goes to an applicant's home for the assessment and eligibility paperwork; the application and necessary documentation is then taken to the local/regional/county Department of Health Office. The application can take up to 45 days to process. The income and asset limits for an individual are \$1,911 and \$2,000, respectively. Participants in the program have the choice of a care manager from the AAA or from a private provider entity.
- Refer to Table 2 for an overview of selected HCBS programs. Table 1 shows the types of services offered under each program.

## CMS-funded Programs and Grants

- Tennessee does not have CMS-funded programs and grants that provide HCBS to older adults and/or adults with physical disabilities.

## State-funded HCBS Programs

- Tennessee has three state-funded programs that provide HCBS to older adults and/or adults with physical disabilities. These are: Consumer-directed Pilot Program; Family Support Program; and Options for Community Living.
- **Consumer-directed Pilot Program:** This program targets individuals age 18 and older with a physical disability.
- **Family Support Program:** This program offers financial assistance to qualified families; \$4,000 per year is the maximum level of assistance. Eligibility for this program is not determined on the basis of age; the program is available to a person with a severe or developmental disability and the parent, relative or other caregiver who resides in the same household. The functional assessment investigates the functionality limitation of three or more areas of major life activity. There are no financial requirements to qualify for this program. The program operates with more than 200 volunteers statewide who work closely with agency staff to assure that priorities for eligibility and selection for the program are being followed. Consumer-directed options are available; participants state what services they need and choose their caregiver.
- **Options for Community Living:** This program serves those age 18 and older with limitations of ADLs and IADLs. There are cost sharing mechanisms applied for services in this program; however, there are no income or asset requirements to qualify for the program. The program serves approximately 2,600 individuals with 5,000 on the waiting lists. Consumer direction is limited to participants choosing their providers.
- Refer to Table 2 for an overview of selected HCBS programs. Table 1 shows the types of services offered.

## Locally Funded HCBS Programs

- Tennessee uses local funds for HCBS for older adults and/or adults with physical disabilities these funds are limited.

## OAA-funded Programs and Grants

- Refer to Table 1 for services provided through Title III of the OAA
- Tennessee uses cost-sharing mechanisms or sliding fee scales in the delivery of Title III services.
- Tennessee has one other OAA-funded program and grant that provides HCBS to older adults and/or adults with physical disabilities. This is: Alzheimer's Disease Demonstration Grant.
- **Alzheimer's Disease Demonstration Grant:** Through this program, families receive vouchers for services and have access to educational tools and respite support groups.

## Social Service Block Grants (SSBG) and Community Service Block Grants (CSBG) for HCBS

- Tennessee uses SSBG to provide HCBS for older adults and/or adults with physical disabilities.
- Tennessee uses CSBG to provide HCBS for older adults and/or adults with physical disabilities.

## Consumer Direction

- Tennessee offers consumer-directed options. The HCBS programs in the state that offer consumer direction are: Consumer-directed Pilot Program and the Family Support Program.
- Models of consumer direction available in the state include: voucher and cash options.
- Tennessee uses one fiscal intermediary in connection with consumer direction.

## Managed Care

- Tennessee does not have HCBS programs run by managed care health plans.
- There is a proposal to use managed care organizations for HCBS Care Coordination.

## Major Accomplishments and Initiatives

- One of Tennessee's major accomplishments is having the Governor's support to focus on long-term-care reform. There is a bill in the legislature to rebalance nursing home care.
- Tennessee has an Alzheimer's Disease Task Force in place (This task force is being funded with state funds).

**Table 1: Types of Home- and Community-based Services Provided Under Tennessee’s Programs for Older Adults and Adults with Physical Disabilities**

Types of Services	Program Type / Funding Source					
	Medicaid Waivers	State-funded Programs			State Medicaid Plan	OAA Title III
	HCBS for Elderly and Disabled	Consumer-directed Pilot Program	Family Support Program (for disabilities)	Options for Community Living		
Adult Day Care / Adult Day Health	X		X			X
Assisted Living	X					
Caregiver Services / Respite / Education	X		X			
Case Management / Care Coordination	X	X		X		X
Chore / Homemaking	X	X	X	X		X
Companion Services / Socialization Activities						
Employment						
Equipment / Supplies / Modifications / Assistive Technology	X		X			
Health Promotion Activities						
Home Health / Personal Care	X	X	X	X	X	X
Information / Assistance / Referral	X	X	X	X		X
Legal Assistance / Financial Advice						X
Medical / Dental / Medication Care			X			
Mental and Behavioral Health Services						
Nursing			X			
Nutrition / Meals	X	X		X		X
Personal Supports for Community Living / Transitioning	X		X			
Rehabilitation / Therapy			X			
Residential Services						
Transportation			X			X
Other/Unspecified HCBS						

**Table 2: Selected HCBS Programs for Older Adults and Adults with Physical Disabilities in Tennessee**

Program Type / Funding Source	Program Name	Ages Served	Nursing Home Level of Care Required	Entity Responsible for Functional Assessment	Entity Responsible for Financial Assessment	Entity Responsible for Case Management	Waiting List (Number)	Consumer Direction Option
Medicaid Waivers	HCBS for Elderly and Disabled	21+	Yes	Physician, Area Agency on Aging	State agency: Department of Health, Area Agency on Aging	Area Agency on Aging, Private Case Management Agency, ADRC	No	No
State-funded Programs	Consumer-directed Pilot Program	18+	Information not reported	Information not reported	Information not reported	Information not reported	Information not reported	Yes
	Family Support Program (for disabilities)	any age	No	Agency Staff	No financial assessment	State agency: Dept of Mental Retardation Services; Community volunteers	Yes (5,000)	Yes
	Options for Community Living	18+	No	Area Agency on Aging	Area Agency on Aging	Area Agency on Aging	Yes (5,000)	No