

# AGING STRATEGIC ALIGNMENT PROJECT

## State Profile for

# WEST VIRGINIA

## Home- and Community-based Services for Older Adults and Adults with Physical Disabilities

### Background

- West Virginia's 60+ population was 393,061 in 2008 (21.7% of the state's total population), with 11.2% below the federal poverty level.<sup>1</sup>
- The 60+ population is projected to be 530,672 in 2025 (30% of the state's total population).<sup>2</sup>
- About 27.2% of all households in 2007 had one or more persons age 65 years and older, and 48.2% of persons age 65 years and older had a disability.<sup>3</sup>
- Of the 373,154 Medicaid beneficiaries in the state in 2003, 7.3% were aged, 23.4% were blind and disabled, 16.0% were Dual Eligible, and 2.5% were HCBS waiver beneficiaries.<sup>4</sup>
- Medicaid expenditures for institutional long-term care were 58.6% of total long-term-care expenditures, compared to 41.4% for HCBS in fiscal year 2007.<sup>5</sup>

#### Abbreviations

AAA	Area Agency on Aging
ADL	Activities of Daily Living
AoA	Administration on Aging
CMS	Centers for Medicare and Medicaid Services
HCBS	Home- and Community-based Services
IADL	Instrumental Activities of Daily Living
MRDD	Mental Retardation and Developmental Disabilities
OAA	Older Americans Act
PACE	Program of All-inclusive Care for the Elderly
SUA	State Unit on Aging

<sup>1</sup> Department of Health and Human Services, Administration on Aging. (2009). *AGing Integrated Database (AGID): American Community Survey (ACS) demographic data 2004-2007 and state-level population estimates data 2000-2008* [Data files]. Available from <http://198.136.163.234/default.asp>

<sup>2</sup> Department of Health and Human Services, Administration on Aging. (2009). *AGing statistics: Projected future growth of the Older population; By state: 2005-2030; Aged 60 and above* [Data files]. Available from [http://www.aoa.gov/AoARoot/Aging\\_Statistics/future\\_growth/future\\_growth.aspx](http://www.aoa.gov/AoARoot/Aging_Statistics/future_growth/future_growth.aspx).

<sup>3</sup> Reimbursement and Research Department, American Health Care Association. (2006, August 29). *The state long-term health care sector 2005: Characteristics, utilization, and government funding*. Washington, DC: Author.

<sup>4</sup> U.S. Census Bureau, 2007 American Community Survey, United States and States. *Percent of households with one or more people 65 years and over (R1104) and Percent of people 65 years and over with a disability (R1803)*.

<sup>5</sup> Burwell, B., Sredl, K., & Eiken. S. (2008, September 26). *Medicaid long term care expenditures FY 2007*. Eagan, MN: Thomson Reuters.

## Government Structure to Manage HCBS Medicaid Waivers

- **SUA:** West Virginia Bureau of Senior Services. [www.wvseniorservices.gov/](http://www.wvseniorservices.gov/)
- **State Medicaid Agency:** West Virginia Bureau for Medical Services. [www.wvdhhr.org](http://www.wvdhhr.org)
- The director of West Virginia's SUA reports to the Governor.

## Single Point of Entry (SPE)/ Aging and Disability Resource Center (ADRC)

- West Virginia has an ADRC that is statewide.
- All ADRC sites have a physical (bricks and mortar) infrastructure; there is not a virtual component.
- In addition to serving older adults, West Virginia's ADRC serves all individuals, including those who are physically disabled, cognitively impaired (such as with Alzheimer's and related disorders), families and children, and veterans.

## Assessment Process

### Medicaid

- *Information not reported.*

### Non-Medicaid

- For non-Medicaid applicants in West Virginia, nursing home pre-admission assessment is performed by someone other than nursing home staff.

### State Medicaid Plan

- West Virginia provides HCBS through the state Medicaid plan.
- Refer to Table 1 for specific services provided.
- **PACE:** West Virginia has no PACE sites.

- West Virginia has one waiver that provides HCBS to older adults and/or adults with physical disabilities. This is: Aged and Disabled Waiver
- **Aged and Disabled Waiver:** In order to be eligible for this program, an individual must meet both medical and financial eligibility requirements. In determining medical eligibility, an applicant's physician completes a Medical Necessity Evaluation Request form by fax or mail. Then an in-home functional assessment is completed by a registered nurse (RN) employed with a contracting agency, West Virginia Medical Institute. In order to qualify for services, participants must have at least five ADL deficits, as determined by a Pre-Admission Screening Form and observations made by the RN while in the home. Case management is offered through the provider agency. A cash and counseling grant allowed West Virginia to implement a self-directed option (Personal Options) within the existing waiver program. Program participants may choose a traditional agency model for service delivery or may choose to participate in the Personal Options alternative to have more choice and control over their services. A fiscal intermediary helps to manage the budget, while giving the participant full control over hiring and discharging care providers. Income limits for applicants are set at 300% of the Supplemental Security Income (SSI) benefit level, with assets no greater than \$2,000.
- Refer to Table 2 for an overview of selected HCBS programs. Table 1 shows the types of services offered under each program.

## CMS-funded Programs and Grants

- West Virginia does not have CMS-funded programs and grants that provide HCBS to older adults and/or adults with physical disabilities

## State-funded HCBS Programs

- West Virginia has three state-funded HCBS programs that provide HCBS to older adults and/or adults with physical disabilities. These are: Family Alzheimer's In-Home Respite, Light House Program and Ron Yost Personal Assistance Program.

- **Family Alzheimer’s In-Home Respite (FAIR):** This program provides in-home respite to caregivers of individuals with Alzheimer’s. The client in the FAIR Program is the caregiver. The recipient of care must have a diagnosis of probable Alzheimer’s or other dementia-related disease. The program does not consider income or assets as qualifiers for this program. Fees are determined using a sliding fee scale based on the income of the care recipient. Nursing Home Diversion Grant funds are used in this program and, therefore, consumer-directed options are available.
- **Light House Program** provides in-home services to individuals who are non-Medicaid eligible. The program does not consider income or assets as qualifiers for service. Fees are determined using a sliding fee scale. Consumer-directed services are not an option in this program.
- **Ron Yost Personal Assistance Program** provides money to the consumer to hire a personal assistant directly or purchase services through a health care provider. This is a consumer-controlled program to enable those with severe disabilities to live in their own homes and communities. The program is managed by a consumer-controlled board with seven members who themselves have disabilities.
- Refer to Table 2 for an overview of selected HCBS programs. Table 1 shows the types of services offered.

## Locally Funded HCBS Programs

- West Virginia uses local funds for HCBS for older adults and/or adults with physical disabilities.

## OAA-funded Programs and Grants

- Refer to Table 1 for services provided through the Title III of the OAA.
- West Virginia does not use cost-sharing mechanisms or sliding fee scales in the delivery of Title III services.
- West Virginia has one other OAA-funded program and grant that provides HCBS to older adults and/or adults with physical disabilities. This is the Family Alzheimer’s In-Home Respite (FAIR).

## Social Service Block Grants (SSBG) and Community Service Block Grants (CSBG) for HCBS

- West Virginia does not use SSBG to provide HCBS for older adults and/or adults with physical disabilities.
- West Virginia does not use CSBG to provide HCBS for older adults and/or adults with physical disabilities.

## Consumer Direction

- West Virginia offers consumer-directed options. HCBS programs in the state that offer consumer direction are the Aged and Disabled Waiver and Family Alzheimer’s In-Home Respite.
- Models of consumer direction available in the state include: Cash and Counseling grant (available through the Family Alzheimer’s In-Home Respite) in addition to a model that allows self-direction of case management with no reimbursement (available through the Aged and Disabled waiver).
- Those permitted to provide services under consumer direction in West Virginia are: provider agencies, adult children of the consumer, and other family and friends. Spouses and legal representatives cannot be a participant’s direct care worker.
- West Virginia uses fiscal intermediary services in connection with consumer direction.

## Managed Care

- West Virginia does not have HCBS programs run by managed care health plans.

## Major Accomplishments and Initiatives

- West Virginia funds statewide programs, and state agencies have been able to expand programs and services as a result of CMS and OAA grants. By involving legislators and using the success of these programs as a catalyst, West Virginia has increased appropriation of funds through state dollars. West Virginia also funds HCBS through the use of licensing fees from table games at casinos.

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**Table 1: Types of Home- and Community-based Services Provided Under West Virginia's Programs for Older Adults and Adults with Physical Disabilities**

Types of Services	Program Type / Funding Source					
	Medicaid Waivers	State-funded Programs			State Medicaid Plan	OAA Title III
	Aged & Disabled Waiver	Family Alzheimer's In-home Respite	Lighthouse Program	Ron Yost Personal Assistance Program		
Adult Day Care / Adult Day Health						X
Assisted Living						
Caregiver Services / Respite / Education		X				
Case Management / Care Coordination	X			X		X
Chore / Homemaking	X		X			X
Companion Services / Socialization Activities						
Employment						
Equipment / Supplies / Modifications / Assistive Technology					X	
Health Promotion Activities						
Home Health / Personal Care			X	X	X	X
Information / Assistance / Referral		X	X	X		X
Legal Assistance / Financial Advice				X		X
Medical / Dental / Medication Care						
Mental and Behavioral Health Services						
Nursing						
Nutrition / Meals				X		X
Personal Supports for Community Living / Transitioning				X		
Rehabilitation / Therapy						
Residential Services						
Transportation						X
Other/Unspecified HCBS						

Table 2: Selected HCBS Programs for Older Adults and Adults with Physical Disabilities in West Virginia								
Program Type / Funding Source	Program Name	Ages Served	Nursing Home Level of Care Required	Entity Responsible for Functional Assessment	Entity Responsible for Financial Assessment	Entity Responsible for Case Management	Waiting List (Number)	Consumer Direction Option
Medicaid Waivers	Aged & Disabled Waiver	60+ or 18+ with a physical disability	Yes	Non-profit (other than AAA or CIL)	State Agency: Department of Health and Human Resources	Non-profit (other than AAA or CIL)	No	Yes
State-funded Programs	Family Alzheimer's In-Home Respite	N/A - Caregivers are designated as the client.	No	Physician; Senior Center	Local Senior Center	Information not reported	Yes	Yes
	Light House Program	60+	No	Agency RN	Agency RN	No case management	Yes: 1,614	No
	Ron Yost Personal Assistance Program	Information not reported	No	Physician; Program board	State Agency: Department of Health and Human Resources	Information not reported	Yes	Yes

