

WHAT, WHEN, WHERE

Two weekly sessions of 3 hours each. Combination of lecture, discussion, net-working, and participation in creative activities. Thursdays, September 10 and September 17, 5:30 p.m. to 8:30 p.m. at the Rocky River Senior Center, 21012 Hilliard Blvd., Rocky River, 44116

Free parking.

Light refreshments will be served.

WORKSHOP INSTRUCTORS

Susan Bazyk, PhD, OTR/L

Associate Professor, Occupational Therapy, Cleveland State University

Linda S. Noelker, PhD

Senior Vice President, Benjamin Rose Institute, and Project Director, Northeast Ohio Center for Creative Aging

CREATIVE ACTIVITIES & TOPICS

Week 1

Creative Card Making

Deena Baenen, MS, LSW, COTA

Journaling for Health

Sarah G. Sieradzki, OTR/L, University Hospitals, Case Medical Center

Week 2

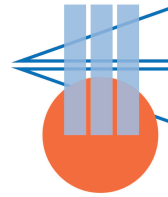
Drumming

Cindy Hill, BA, Rhythm Culture

Photo Coloring

Carolina Martin, MEd, BA, BS, Founding Executive Director of Art On Wheels, Inc.

DATED MATERIAL
RETURN SERVICE REQUESTED



NEOCCA
NORTHEAST OHIO CENTER FOR CREATIVE AGING
Benjamin Rose Institute
11900 Fairhill Road, Suite 300
Cleveland, Ohio 44120

Fostering creative expression in older adults

A continuing education series offered by Cleveland State University and the Benjamin Rose Institute for practitioners serving older adults in Northeast Ohio



Thursdays, September 10
and September 17, 2009

BENJAMIN
ROSE
INSTITUTE
EST 1908

Cleveland State
University



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OBJECTIVES

- Gain an appreciation for the evidence-based relationship between participation in creative engagement and health in older adults (lecture, discussion, readings).
- Engage in a number of activities designed to promote creative expression (e.g., journaling, rubber stamping).
- Reflect on the subjective meaning and influence of the experience.
- Acquire strategies for designing activities to promote creative expression.
- Use the resource list of websites, toolkits and activities to obtain programming resources and assistance for making arts participation more broadly available to older adults.
- Foster new relationships between practitioners in aging services and creative and performing artists.

Additional assistance for this series was provided by the Art Therapy Studio

This CEU series is a project of the Northeast Ohio Center for Creative Aging (NEOCCA). The Center was formed in 2007 through the collaborative effort of more than 20 representatives from local aging and arts organizations. Support for planning was provided by the Cleveland Foundation. NEOCCA is staffed by professionals from the Benjamin Rose Institute.



REGISTRATION

Complete the form below and **MAIL** with payment to:

NEOCCA - CEU series
Benjamin Rose Institute
11900 Fairhill Road, Suite 300
Cleveland, Ohio 44120

Or **FAX** with credit card information to: 216.373.1816

Or **REGISTER ONLINE** at www.benrose.org

SPACE IS LIMITED! REGISTRATION DEADLINE IS SEPTEMBER 3, 2009

For more information, call 216.791.8000 or e-mail info@benrose.org

Name: _____

Job Title: _____

Organization: _____

Address: _____

City, State, Zip: _____

Phone: _____ Fax: _____

E-mail: _____

PAYMENT

My check for \$75 (payable to Benjamin Rose Institute) is enclosed

Please charge my Visa MC Discover

Card holder: _____

Account Number: _____ Exp. Date: _____

Authorized Signature: _____

COST

\$75 (covers instruction, reading materials, art supplies, and refreshments)

CONTINUING EDUCATION

This program is approved for **six (6) contact hours** for Social Workers (BRI provider #RSX058195), Counselors (BRI provider #RCX090801), and Nurses. Application has been made for Occupational Therapy credits.