



*From the desk of President & CEO Orion Bell*

## Juneteenth

Growing up, I remember learning about two documents authored by Abraham Lincoln: the Gettysburg Address and the Emancipation Proclamation. American history, especially for grade school students, is taught in broad strokes. Emancipation provided the moral victory of the Civil War, while the Gettysburg Address spoke to the sacrifices made by those who fought in it. Slavery ended and justice prevailed.

Of course, the reality of our history is much more complicated than can be presented in a chapter of a fifth-grade textbook. My introduction to Juneteenth came while I lived in Texas, which made June 19th a state holiday in 1980. Emancipation was not achieved with the stroke of a pen, but gradually as the war ended and the Union was restored. Slavery did not end everywhere at once. And, while we aspire as a nation to liberty and justice for all, the history of the United States also includes many examples of falling short of the ideal that all men are created equal.

Read the full article at [benrose.org/ceo-blog](https://benrose.org/ceo-blog).



## Audra Kessler Bennett Named Vice President of Institutional Advancement of Benjamin Rose Institute on Aging

Audra Kessler Bennett has been named Vice President of Institutional Advancement at Benjamin Rose Institute on Aging. The appointment is effective June 22, 2021.

Bennett is a senior marketing and communications executive with more than 20 years of experience in the nonprofit, health care, insurance, vision services, digital agency, government procurement and trade publishing industries. Before coming to Benjamin Rose, she served as Vice President of Marketing and Fund Development at the Neighborhood Family Practice in Cleveland. There, she was responsible for organizational strategy and policy related to marketing and fund development initiatives. [Read more.](#)

## Resources for Caregiving

Visit our Resource Library to find tips and useful information for caregivers.

Each month, we add new content to help caregivers manage a loved one's care, navigate challenges and take care of themselves. Recent articles explore topics such as [tips to prepare for a conversation with your doctor about dementia](#), [the benefits of an early dementia diagnosis](#), [the reality of working caregivers](#), and the latest from our [guest blog](#).



## Join ESOP's Virtual Services Workshop

We're recruiting our next cohort to receive technology training as part of the Virtual Services for Older Adults program provided by [Empowering and Strengthening Ohio's People \(ESOP\)](#).

With partners, the program provides seniors with devices funded from [Huntington Bank](#), technology training from [Ashbury Senior Community Computer Center](#), high-speed Internet from [DigitalC](#), and financial capability (knowledge, skills + access to resources) from ESOP to improve financial outcomes and reduce social isolation. To help an older adult you know register for the next training cohort or to learn more, contact **Tiffany Taylor** at 216-373-1849.



## Summerlicious Tickets are on Sale Now!

Join Master Chef Mario Reyes of [TRIO Community Meals](#) on **Friday, July 23rd from 6 - 7:30 p.m.** Chef Mario will virtually share his culinary expertise from Benjamin Rose Institute on Aging Headquarters and guide you in preparing wonderful summer dishes along with wine pairings.

Let's negate the wait. Currently, the Rose Centers for Aging Well has 66 older adults on a waitlist in need of a daily home-delivered meal. Proceeds will benefit the Rose Centers for Aging Well and support the work of our team to give older adults daily, nutritious meals.

You can support Summerlicious today by purchasing a ticket, sponsorship or ad. Our unique sponsorship opportunities allow you to market your brand to a diverse audience. For questions about sponsorship or advertising, contact Jen Salkin at 216.373.1688 or [jsalkin@benrose.org](mailto:jsalkin@benrose.org).

More information at [benrose.org/-/summerlicious2021](http://benrose.org/-/summerlicious2021).

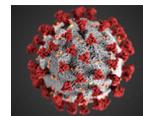
## Volunteers Urgently Needed

Volunteers are urgently needed to assist with our growing meal delivery program. We are in need of volunteers willing to deliver meals in their own vehicles, Monday—Friday from 10:00 a.m.—2:00 p.m. For more information and volunteer sign-up, visit [www.benrose.org/volunteer](http://www.benrose.org/volunteer).



## Benjamin Rose Response to COVID-19

Visit [benrose.org/COVID-19](http://benrose.org/COVID-19) for the latest vaccination information, as well as updates on services and programs, resources for staying active while staying at home, and ways that you can help older adults in our community.



## Amazon Smile

Support Benjamin Rose Institute on Aging when you do your shopping at [Amazon Smile](#)!

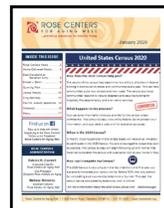


## Make a Gift

We need your help to protect and care for the most vulnerable people in our community— older adults, adults with disabilities and caregivers— during the COVID-19 Pandemic. [Make a gift today.](#)

## Rose Centers Newsletter

Get the latest news and program schedules from the Rose Centers for Aging Well. Sign up today at [ourseniorcenter.com](http://ourseniorcenter.com).



## Upcoming Programs

### News from Washington: Budget Proposals and their Impact on Older Adults and Caregivers

[Hear about developments from Washington DC regarding the Biden Administration's 2022 budget proposal.](#) June 30, 2 p.m.



### Caring for Individuals with Intellectual and Developmental Disabilities and Dementia

[Virtual program for caregivers.](#) July 7, 12 p.m.

### Second Wednesdays

[Learn more about Benjamin Rose programs & services.](#) Wednesday, July 14, 9 a.m.

### Behavioral Interventions: When Caring for Someone with Dementia

[Learn about the most current research on dementia care, practical strategies, and useful resources in identifying causes of common behavioral symptoms.](#) July 20, 1 p.m.

### Homebuyer Education

[Learn the important basics of the homebuying process.](#) July 19—22, 6 p.m.

### Senior Financial Education Workshops

[Virtual workshops to help older adults take charge of their finances.](#)

Every other week beginning at 10 a.m.

## Rose on the Go Ice Cream Social

### HAVE YOU HEARD THE SCOOP?

Benjamin Rose Institute on Aging is hosting an ice cream social on July 15 to meet new friends and get you connected in your community.

From 1 - 3 p.m., buy a scoop or sundae and learn about Rose on the Go – a new way to meet your peers, attend local events of your choosing, and explore your interests. Our activities and services are for those ages 55+ living in the Greater Cleveland area.

Find out what makes us so cool at either Mitchell's Ice Cream location!

#### Eastside

Mitchell's Ice Cream Van Aken  
3400 Tuttle Rd.  
Shaker Heights, OH 44122

#### Westside

Mitchell's Ice Cream Ohio City Kitchen & Shop  
1867 W 25th St.  
Cleveland, OH 44113



## Staff Notes

**Tamar Cooper, LICDC-CS, LISW-S**, Director of Behavioral Health Services and **Doug Braun, MSSA**, Behavioral Health Clinical Social Worker, were interviewed on the challenges of aging in the LGBTQ community on [The Sound of Ideas](#).

**Lisa Weitzman, MSSA, LISW-S, ASW-G, C-ASWCM**, WeCare Administrator and Manager of Business Development presented *Caregiving in the Workplace* for IMPACT Solutions for Kent State University.

*Benjamin Rose staff continue to provide informative articles for caregivers for the faith-based online publication Guideposts:*

[4 Tips to Help Your Loved One Overcome Social Isolation](#) by **Abigail Carney**

[How Creative Expression Can Improve Your Loved One's Well-Being](#) by **Ashlee Cordell**