



From the desk of President & CEO Orion Bell

Holiday Travel

The late John Hughes directed many successful comedies. In one of his most loved films, Steven Martin plays Neal Page, a man trying desperately to make it home to Chicago to spend Thanksgiving with his family. Planes, Trains and Automobiles, released in 1987, also starred the late John Candy, and is a holiday staple on basic cable.

Like a lot of folks, I hit the road for the Thanksgiving holiday, a trip home to visit with family in Louisville. Three generations of us at dinner—that doesn't happen very often. But, when it does, it's probably a holiday. Read the full article at benrose.org/ceo-blog.

It's Giving Tuesday!

As we continue to focus our efforts on doing everything we can to keep older adults remain active and engaged, we are asking for your support to ensure we can continue providing lifesaving meals to the older adults who need them most. Make a gift to Benjamin Rose Institute on Aging this Giving Tuesday! [Donate now!](#)



Annual Caregiving Conference

Benjamin Rose Institute on Aging invites you to attend the **Annual Caregiving Conference: The Identification, Detection and Referral of Dementia** on Thursday, December 8, 2022 from 9 a.m. to 3:30 p.m.

This year's full-day conference, presented by the Geriatric Workforce Enhancement Program, will focus on research and practices related to the identification, detection, and referral of individuals with Alzheimer's Disease and related dementia, with emphasis on diversity and dementia diagnosis. **Dr. Richard H. Fortinsky**, this year's keynote speaker, will present on the development and use of the KAER Toolkit for Primary Care Teams. Following his presentation, **Jennifer Pettis**, from the Gerontological Society of America (GSA), will discuss next steps for the toolkit. [Learn more.](#)

This cost of the conference is \$45 and includes a light breakfast and boxed lunch.



Benjamin Rose at GSA

Staff from the Benjamin Rose Center for Research and Education presented on a variety of topics at the Gerontological Society of America's Annual Scientific Meeting in Indianapolis this month. Staff presentations included:

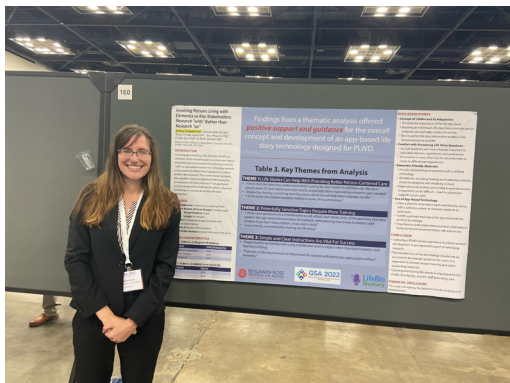
Jessica Bibbo, PhD, research scientist, and **Justin Johnson**, research analyst, presented their paper *Uncovering Pet Ownership Benefits, Challenges, and Resources; A Survey of Professionals Working with Older Adults*.

Ashlee Cordell, MGS, research assistant & project coordinator, **Silvia Orsulic-Jeras, MA**, research associate, **Sara Powers, PhD**, research analyst, and **Farida Ejaz, PhD**, senior research scientist II presented a poster titled *Involving Persons Living with Dementia as Key Stakeholders: Research "with" Rather than Research "on."*

Silvia Orsulic-Jeras, MA, **Farida Ejaz, PhD**, **Sara Powers, PhD**, and **Ashlee Cordell, MGS**, presented a poster titled *From Pilot to Product: Evolution of Reminiscence Therapy Intervention for Persons Living with Dementia*.

Silvia Orsulic-Jeras, MA, **Farida Ejaz, PhD**, **Sara Powers, PhD**, and **Ashlee Cordell, MGS**, presented a poster titled *Implementation of Life Story Technology in Residential Care Settings: Benefits and Barriers*.

Sara Powers, PhD was part of a panel discussion on the [John A. Hartford Foundation](#) and the [Diverse Elders Coalition](#) to discuss the challenges for diverse family caregivers to older adults.



WeCare...Because You Do Wins Friendly Award

WeCare...Because You Do recently won Today's Caregiver Friendly Award. The Friendly Awards recognizes outstanding books, media, products and services, which have been designed with the best interest of the caregiver and their loved one in mind. Whether they are a publisher, producer, service provider or product manufacturer, Today's Caregiver™ Friendly Award acknowledges each of these winners among the best in their industry. [Read more about WeCare and the award.](#)

ESOP is Honored with the Compass Award

ESOP, a program of Benjamin Rose, was recently honored as one of Ohio Treasurer Robert Sprague's November Compass Award winners. The monthly recognition program commends organizations, programs and individuals across the state who are working to guide Ohioans toward financial literacy and empowerment. ESOP was honored for their more than 15 adult-focused education and empowerment programs that improve financial capability. [Read more.](#)

Share the Love This Holiday Season

WeCare...Because You Do recently won Today's Caregiver Friendly Award. The Friendly Awards recognizes outstanding books, media, products and services, which have been designed with the best interest of the caregiver and their loved one in mind. Whether they are a publisher, producer, service provider or product manufacturer, Today's Caregiver™ Friendly Award acknowledges each of these winners among the best in their industry. [Read more about WeCare and the award.](#)



Upcoming Programs

Preventing Caregiver Burnout: Creating Your Self-Care Plan

[Understand how stress leads to compassion fatigue and burnout.](#) November 30, 12 - 1 p.m.

Virtual Second Wednesdays with Benjamin Rose

[Learn about Benjamin Rose from President & CEO, Orion Bell.](#) December 14, 9—10 a.m.

Financial Education Workshops

[ESOP's five session workshops are offered every other week.](#) December 12—16, 10 - 11:30 a.m.

White House Conference on Hunger, Nutrition and Health

[Join us for a discussion on the newly released national strategy on hunger, nutrition and health.](#)

December 15, 1 - 2 p.m.



Resources for Caregiving

Visit our Resource Library to find tips and useful information for caregivers.

Each month, we add new content to help caregivers manage a loved one's care, navigate challenges and take care of themselves. Recent articles explore topics such as [helping an older loved one maintain good oral health](#), [how the care-coaching model empowers caregivers](#), [pet friendly senior living](#) and [busting common myths about dementia](#).

Amazon Smile

With the holidays upon us, please consider supporting Benjamin Rose Institute on Aging when you do your shopping at [Amazon Smile](#)!



Staff Notes

Kerstin Yoder, MSSA, LISW, social worker and group facilitator, presented on Depression, Seasonal Affective Disorder and stress management for various community groups.

Doug Braun, MSSA, LISW-S, mental health clinical social worker, presented Crisis Intervention with the Elderly Population to Cleveland and Parma Police Officers.