March 2023

JEWS

From the desk of President & CEO Orion Bell **Sister Andre**

One of the things I love about Benjamin Rose Institute on Aging is the amazing history of the organization and the impact it has made in the field of aging. The Institute has served Cleveland area residents since 1908, fulfilling Benjamin Rose's vision that people should be able to maintain their comfort and dignity as they age. The programs and services have always strived to be state of the art, and have helped influence and develop supports for older adults and family caregivers across the country.

BENJAMIN ROSE

SERVICE • RESEARCH • ADVOCACY

Benjamin Rose had a vision. But much of the credit for how that vision became reality is due to Margaret Wagner. Margaret Wagner came to Benjamin Rose as its Executive Secretary in 1930 and served as its chief executive until her retirement in 1959. Throughout her tenure, the agency evolved and adapted to better meet the needs of its clients and reflect sweeping changes in society, healthcare and social programs.



Read the full article at <u>benrose.org/ceo-blog</u>.

Bingo Night Fundraiser

Join the Benjamin Rose Young Professional Council on Friday, May 12 from 6 - 8 p.m. for food, drinks and bingo!

TICKETS:

Regular Ticket: \$25 in advance (\$30 at the door) Regular Ticket includes Chipotle burrito or bowl and one drink ticket. Bingo boards are sold separately.

VIP Ticket: \$50

VIP Ticket includes Chipotle burrito or bowl, two drink tickets, regular bingo board and digital recognition at the event.

Buy your tickets now!

Sponsor the Bingo Night Fundraiser

Your tax-deductible sponsorship supports the programs and services of Benjamin Rose, while offering unique opportunities to market your company to a diverse array of attendees. <u>Sponsorship opportunities</u>.





Cleveland International Film Festival

Benjamin Rose Institute on Aging is a Community Partner for the 45th Cleveland International Film Festival. Tickets are on sale now! We are a Community Partner in support of the film, <u>Joonam</u>, which is a deeply personal documentary illustrating three generations of Iranian women as they flow in and out of conversation, revealing each individual's complex relationship with their family's homeland.. Use our discount code **ROSE** and you will receive \$1 off the purchase of a ticket at checkout. Visit <u>clevelandfilm.org</u> to purchase tickets.

Homebuying Fair: Pre-Approval Clinic

Join ESOP and Branches Real Estate for their next Pre-Approval Clinic on Monday, April 17 from 4 - 7 p.m. at Benjamin Rose Institute on Aging. If you are considering purchasing a home, this is an event you don't want to miss! Housing professionals will be available to answer questions and provide resources. Compare loans, explore down payment assistance programs, and connect to housing professionals. This event is entirely free of charge!

Speak to homeownership experts, all under one roof:

- Mortgage Lenders
- Real Estate Professionals
- Down Payment Assistance Programs
- HUD-Certified Homeownership Counselors
- Title Companies
- Home Inspectors
- Insurance Agents

Learn more!

Join us at ASA!

Are you planning to attend the American Society on Aging Conference in Atlanta this year? Join Benjamin Rose Institute on Aging at our after-hours cocktail event at the ASA OnAging Conference on Wednesday, March 29 from 6:30-8:00 p.m. in Regency V at the Hyatt Regency Atlanta, With the theme of

in Regency V at the Hyatt Regency Atlanta. With the theme of **Research + Innovation = Impact!**, we're celebrating some of our

newest research and program introductions making an impact across the aging community. And don't forget to stop by booth 408 in the exhibit hall to learn more about our programs and services.



Innovation and Collaboration: The Ohio State Plan on Aging

Benjamin Rose Institute on Aging invites you to attend our upcoming webinar to discuss Ohio's 2023- 2026 strategic State Plan on Aging on Wednesday, April 26 from 12 - 1 p.m. This collaborative approach outlines strategies for Ohioans to age well in our communities. Presented in partnership with the Elder Justice Coalition, Director Ursel McElroy of the Ohio Department of Aging will offer

insight into Ohio's State Plan and how the framework fits into other aging plans across the country. <u>Register now!</u>







Tax Season is Almost Over!

Let ESOP and Benjamin Rose prepare you taxes for free for filers who meet program deadlines.

- Get your refund usually in two weeks at no cost to you!
- IRS-certified preparers perform this valuable service. Se habla español.
- Drive up and drop off service; stay in your car while you wait

To schedule your appointment, visit <u>www.refundohio.org</u> or call 211 to use the automated system. Appointments are available through April 13.

Meal Delivery Volunteers Needed

We are in critical need of volunteers to deliver meals to homebound older adults in their own vehicle. Volunteers pick up meals from Margaret Wagner House in Cleveland Heights and deliver to older adult's homes throughout Cuyahoga County. Various shifts are available Monday through Friday, 9 a.m. - 3 p.m. <u>Learn more</u>.

Upcoming Programs

Financial Education Workshops <u>ESOP's five session workshops are offered every other week</u>. April 10—14, 10 - 11:30 a.m.

Aging in Place: Know Your Housing Options Assess your home for safety, accessibility and affordability. April 11—13, 1 - 2:30 p.m.

Virtual Second Wednesday Learn about Benjamin Rose and our programs from President & CEO Orion Bell. April 12, 9 - 10 a.m.

Homeseller Education: Know Before You Sell Maximize your profits and avoid pitfalls. April 18 - 20, 6 - 8 p.m.

Resources for Caregiving

Visit our Resource Library to find tips and useful information for caregivers.

Each month, we add new content to help caregivers manage a loved one's care, navigate challenges and take care of themselves. Recent articles explore topics such as <u>avoiding medicine and health remedy scams</u>, <u>spring and the increased</u> <u>risk of dementia-related wandering</u>, <u>long-term care insurance</u> and <u>understanding</u>.

and diagnosing an older loved one's dementia or IDD-related depression.

Rose Centers Newsletter

Get the latest news and program schedules from the Rose Centers for Aging Well. Sign up today at <u>ourseniorcenter.com</u>.

Staff Notes

Julie Hayes, content manager, authored an article for Active Daily Living titled <u>After a Hospital</u> <u>Discharge, Food is a Valuable Medicine</u>.





