

Newsletter

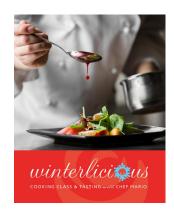
From the desk of President & CEO Orion Bell

A Place to Call Home

"Home is a name, a word, it is a strong one; stronger than any magician ever spoke, or spirit ever answered to, in the strongest conjuration." — Charles Dickens,



The Benjamin Rose Institute was one of the first charitable organizations in the United States established for the benefit of older adults. Its story begins with someone at risk of losing their home. "During the Panic of 1893...Mr. Rose had occasion to aid an aged couple [who] had been friends of his many years before... They were left in their old age without any means of support." Benjamin and Julia Rose created a trust whereby corporate trustees or a board of managers were empowered to utilize funds to assist older people either at their own home or other places of abode or homes to be established for them. Read the full blog.



Winterlicious Cooking Class and Tasting Event

Winterlicious is back again to spice up a dreary winter night! Master Chef Mario Reyes of TRIO Community Meals is hosting an exclusive Cooking Class and Tasting at Benjamin Rose Headquarters on Thursday, February 29 from 6 – 9 p.m. (doors open at 5:30 p.m.). This in-person event allows you to observe Chef Mario as he cooks five different courses for you. Participants receive recipes for all dishes served, tasting portions, wine pairings and the opportunity to engage with and ask Chef Mario cooking questions. Get your tickets!

Sponsor Winterlicious!

Help support the important work of Benjamin Rose by purchasing a sponsorship or ad in the recipe book! For more information about sponsorship opportunities, download the <u>sponsorship prospectus</u>.

Financial Education Workshop Series at Church of the Saviour

Join us for a free workshop series for older adults, presented by Benjamin Rose, <u>Village in the Heights</u> and <u>Church of the Saviour</u>, to help you take charge of your finances before they take charge of you! <u>Register now!</u>



Wednesdays, February 7 - March 6

1 - 2:30 p.m.Church of the Saviour2537 Lee RoadCleveland Heights, OH 44118



Join us to Learn More About Benjamin Rose

Please join us virtually from 9 to 10 a.m. EST on Wednesday, February 14 for the next installment of Second Wednesdays with Benjamin Rose. Orion Bell, president and CEO, will offer an overview of the programs and services provided by Benjamin Rose. Second Wednesdays provide an excellent opportunity to learn more about our organization and how you can engage with our work. Register now!

Free Income Tax Preparation

Need help filing your taxes? We can help you get your refund—usually in two weeks—through our drive-up tax service at our headquarters at Benjamin Rose. You can stay in your car while our IRS-certified volunteer tax preparers perform this valuable service for you. Se habla español.

Our tax site opens February 6. Visit our website for the full schedule.





Resources for Caregiving

Visit our Resource Library to find tips and useful information for caregivers.

Each month, we add new content to help caregivers manage a loved one's care, navigate challenges and take care of themselves. Recent articles explore topics such as <u>dementia caregivers</u> and <u>glaucoma</u>.

Make a Gift

We need your help to protect and care for the most vulnerable people in our community— older adults, adults with disabilities and caregivers. Make a gift today.

Rose Centers Newsletter

Get the latest news and program schedules from the Rose Centers for Aging Well. Sign up today at ourseniorcenter.com.

Staff Notes

Julie Hayes, content manager, authored two articles for Active Daily Living: <u>Decoding Dementia's Genetic Connections and Navigating Strokes</u>, From Recognition to Recovery.

Courtney Reynolds, senior research analyst I and IRB coordinator, presented an online training for mandated reporters of adult abuse for the Gerontological Advanced Practice Nurses

Association, Ohio Chapter.

Lauri Scharf, lead care consultant and master trainer, presented Approach

Caregiving Like a CEO for InMotion's Ask the Expert education series.

