

Jessica Bibbo, PhD

Center for Research and Education
 Benjamin Rose Institute on Aging
 11890 Fairhill Road
 Cleveland, OH 44120
 216-373-2021
 jbibbo@benrose.org

EDUCATION

- December 2016** **Ph.D.**, Human Environmental Sciences, Human Development and Family Sciences, Collateral Area: Gerontology
 University of Missouri, Columbia, Missouri.
- May 2011** **M.A.**, Psychological Science
 California State University, Chico, Chico, California
- December 2010** **B.A.** Psychology with Honors and a Minor in Gerontology
 California State University, Chico, Chico, California
- July 1999** **B.A.**, Liberal Arts
 Gallatin School of Individualized Study New York University, New York, NY

PROFESSIONAL EXPERIENCE

- August 2018 – Present** **Research Scientist**
 Center Research and Education,
 Benjamin Rose Institute on Aging, Cleveland, Ohio
- August 2016 – December 2017** **Postdoctoral Research Fellow**
 Center for the Human-Animal Bond,
 College of Veterinary Medicine, Purdue University, West Lafayette, Indiana
Advisor: Dr. Maggie O’Haire
- August 2011 – July 2016** **Graduate Research Assistant**
 Research Center for Human-Animal Interaction (ReCHAI),
 College of Veterinary Medicine and the Sinclair School of Nursing,
 University of Missouri, Columbia, Missouri
Advisor: Dr. Rebecca Johnson

RESEARCH SUPPORT - ACTIVE

- December 2021 – December 2022** – *Developing an Online Training on Adult Abuse for Ohio’s Mandated Reporters*
Ohio State Bar Foundation
(P.I.: Farida Ejaz, Benjamin Rose Institute on Aging)
Amount: **\$44,440**
Role: Co-Investigator
- September 2021 – August 2023** – *Developing and Testing an Innovative APS Care Coordination Practice for Alleged Victims and Perpetrators of Caretaker Neglect*
Administration for Community Living, # 90EJIG0020-01-00
(P.I.: Farida Ejaz, Benjamin Rose Institute on Aging)
Amount: **\$984,390**
Role: Evaluator
- November 2020 – January 2022** – *Uncovering Pet Ownership Benefits, Challenges, and Resources in an Aging Society: Promoting Healthy Aging in Healthcare and Community Environments.*
Human Animal Bond Research Institute (HABRI) Foundation, HAB20-024
(P.I.: Dr. Jessica Bibbo, Benjamin Rose Institute on Aging)
Amount: **\$69,016**
Role: Principal Investigator
- August 2020 – July 2023** – *Expansion of Dementia-Capable Communities within Urban and Rural Settings in Ohio using Evidence-Based and Informed Programming*
Administration for Community Living, #90ADPI0052-01-00
(P.I.: Branka Primetica, Benjamin Rose Institute on Aging)
Amount: **\$954,778**
Role: Co-Investigator

RESEARCH SUPPORT - COMPLETED

- August 2020 – August 2021** – *Development and Delivery of Mandated Reporter Training on Elder Abuse, Neglect and Exploitation for Real Estate Licensees.*
Association of Real Estate License Law Officials (ARELLO)
(Co-Directors: Sonya Edwards & Courtney Reynolds, Benjamin Rose Institute on Aging)
Role: Evaluator
- September 2018 – June 2019** – *Training on Abuse, Neglect and Exploitation for the Senior Companion Program.*
Corporation for National and Community Service
(P.I.: Dr. Farida Ejaz, Benjamin Rose Institute on Aging)
Amount: **\$50,000**
Role: Co-Investigator

- September 2017 – August 2018** – *Shelter cat adoption in families of children with Autism: Impact on children’s social skills and anxiety as well as cat stress.*
Human-Animal Bond Research Institute (HABRI) Foundation
(P.I.: Dr. Gretchen Carlisle, University of Missouri)
Amount: **\$52,204**
Roles: Co-Investigator
- April 2017 – March 2017** – *Shelter cat adoption in families of children with Autism: Impact on cat stress and children’s social skills and anxiety.*
Winn Feline Foundation (P.I. Dr. Gretchen Carlisle, University of Missouri)
Amount: **\$24,996**
Role: Co-Investigator
- January 2016 – December 2016** – *The effects of care recipients’ companion animals on the caregiving experience.*
Interdisciplinary Center on Aging Research and Enrichment
Dissemination (READ) Small Grants Program, Interdisciplinary Center on
Aging, School of Medicine, University of Missouri (P.I. PhD(c) Jessica
Bibbo, University of Missouri)
Amount: **\$2,495**
Role: Principal Investigator
- May 2015 – April 2016** – *Companion Animal, Social Engagement, and Psychological Well-being in Mid and Later Adulthood.*
Human-Animal Bond Research Institute (HABRI) Foundation
(P.I.: Dr. Rebecca Johnson, University of Missouri)
Amount: **\$48,462**
Roles: Co-author, Graduate Research Assistant, assembled research team

PEER-REVIEWED PUBLICATIONS

- Rodriguez, K. E., **Bibbo, J.**, & O’Haire, M. E. (2022, advance online publication). Perspectives on facility dogs from pediatric hospital personnel: A qualitative content analysis. *Complementary Therapies in Clinical Practice*. doi: [10.1016/j.ctcp.2022.101534](https://doi.org/10.1016/j.ctcp.2022.101534)
- Curl, A. L., **Bibbo, J.**, & Johnson, R. (2021). Neighborhood Engagement, Dogs, and Life Satisfaction in Older Adulthood. *Journal of Applied Gerontology*, 40, 1706-1714. doi: [10.1177/0733464820953725](https://doi.org/10.1177/0733464820953725)
- Jensen, C. L., **Bibbo, J.**, Rodriguez, K. E., & O’Haire, M. E. (2021). The effects of facility dogs on burnout, job-related well-being, and mental health in pediatric hospital professionals. *Journal of Clinical Nursing*, 30, 1429-1441. doi: [10.1111/jocn.15694](https://doi.org/10.1111/jocn.15694)
- Spitznagel, M. B., Anderson, J. R., Marchitelli, B., Sislak, M. D., **Bibbo, J.**, & Carlson, M. D. (2021). Owner quality of life, caregiver burden and anticipatory grief: How they differ, why it matters. *Veterinary Record*, e74. doi: [10.1002/vetr.74](https://doi.org/10.1002/vetr.74)

- Carlisle, G.K., Johnson, R.A., Wang, Z., **Bibbo, J.**, Cheak-Zamora, N., & Lyons, L.A. (2021). Exploratory study of cat adoption in families of children with autism: Impact on children's social skills and anxiety. *Journal of Pediatric Nursing*, 58, 28-35. [doi: 10.1016/j.pedn.2020.11.011](https://doi.org/10.1016/j.pedn.2020.11.011)
- Carlisle, G.K., Johnson, R.A., Koch, C. S., Lyons, L. A., Wang, Z., **Bibbo, J.**, Cheak-Zamora, N. (2021). Exploratory Study of Fecal Cortisol, Weight, and Behavior as Measures of Stress and Welfare in Shelter Cats During Assimilation Into Families of Children With Autism Spectrum Disorder. *Frontiers in Veterinary Science*. [doi: 10.1016/j.pedn.2020.11.011](https://doi.org/10.1016/j.pedn.2020.11.011)
- Rodriguez, K. E., **Bibbo, J.**, & O'Haire, M.E. (2020). The effects of service dogs on psychosocial health and wellbeing for individuals with physical disabilities or chronic conditions. *Disability & Rehabilitation*, 42, 1350-1358. [doi: 10.1080/09638288.2018.1524520](https://doi.org/10.1080/09638288.2018.1524520)
- Rodriguez, K. E., **Bibbo, J.**, Verdon, S., & O'Haire, M.E. (2020). Mobility and medical service dogs: A qualitative analysis of expectations and experiences. *Disability & Rehabilitation: Assistive Technology*, 15, 499-509. [doi: 10.1080/17483107.2019.1587015](https://doi.org/10.1080/17483107.2019.1587015)
- Bibbo, J.**, Proulx, C. M. (2019). The impact of a care recipient's pet caregiving burden, satisfaction, and mastery: A pilot investigation. *Human-Animal Interaction Bulletin*, 7, 81-102.
- Bibbo, J.**, Curl, A. L., & Johnson, R. A. (2019). Pets in the lives of older adults: A life course perspective. *Anthrozoös*. 32, 541-554. [doi: 10.1080/08927936.2019.1621541](https://doi.org/10.1080/08927936.2019.1621541)
- Bibbo, J.**, Rodriguez, K. E., & O'Haire, M. E. (2019). The impact of service dogs on family members' psychosocial health and functioning. *American Journal of Occupational Therapy*, 73, 205120 p.1 – p.11. [doi: 10.5014/ajot.2017.71S1-PO4122](https://doi.org/10.5014/ajot.2017.71S1-PO4122)
- Bibbo, J.**, & Proulx, C. M. (2018). The impact of a care recipient's pet on the instrumental caregiving experience. *Journal of Gerontological Social Work*, 61, 675-684. [doi: 10.1080/01634372.2018.1494659](https://doi.org/10.1080/01634372.2018.1494659)
- O'Haire, M. E., **Bibbo, J.**, Hoffman, C. L., Mueller, M., Ng, Z., & Buechner-Maxwell, V. A. (2018). Overview of centers and institutes for human-animal interaction in the United States. *Human-Animal Interaction Bulletin*, 6, Special Edition, 3 – 22.
- Johnson, R.A., Albright, D. L., Marzolf, J. R., **Bibbo, J.**, . . . , & Harms, N. (2018). Effects of therapeutic horseback riding on military veterans' post-traumatic stress disorder. *Military Medical Research*, 5.
- Carlisle, G. K., Johnson, R. A., Mazurek, M., **Bibbo, J.**, Tocco, F., & Cameron, G. T. (2018). Companion animals in families of children with autism spectrum disorder: Lessons learned from caregivers. *Journal of Family Social Work*, 21, 294-312. [doi: 10.1080/10522158.2017.1394413](https://doi.org/10.1080/10522158.2017.1394413)

Curl, A. L., **Bibbo, J.**, & Johnson, R. A. (2017). Dog walking, the human-animal bond and older adults' physical health. *The Gerontologist*, 57, 930 – 939. doi: [10.1093/geront/gnw051](https://doi.org/10.1093/geront/gnw051)
The paper was published as an Editor's Choice article and is currently in the top five percent of all research outputs scored by Altmetric.

Johnson, R. A., & **Bibbo, J.** (2014). Relocation decisions and constructing the meaning of home: A phenomenological study of the transition into a nursing home. *Journal of Aging Studies*, 30, 56 – 63. doi: [10.1016/j.jaging.2014.03.005](https://doi.org/10.1016/j.jaging.2014.03.005)

Bibbo, J. (2013). Staff members' perceptions of an animal-assisted activity. *Oncology Nursing Forum*, 40, E320 – E326. doi: [10.1188/13.ONF.E320-E326](https://doi.org/10.1188/13.ONF.E320-E326)

INVITED PUBLICATIONS AND BOOK CHAPTERS

Bibbo, J. (2019). Pet loss in older adulthood. In L. Kogan & P. Erdman (Eds.), *Pet loss, grief, and therapeutic interventions: Practitioners navigating the human-animal bond* (pp. 70-83). Routledge.

Johnson, R. A., **Bibbo, J.**, & Harvey, L. (2019). Human-animal interaction in the aging boom. In A. Fine (Ed.), *The Handbook on Animal-Assisted Therapy: Theoretical Foundations and Guidelines for Practice* (5th ed., pp. 313-327). Academic Press.

Bibbo, J. (2019). Caregiving for adult pet owners. In L. Kogan & C. Blazina (Eds.), *Clinician's Guide to Treating Animal Companion Issues* (pp. 144-157). Academic Press.

Johnson, R. A., & **Bibbo, J.** (2015). Human-animal interaction in the aging boom. In A. Fine (Ed.), *The Handbook on Animal-Assisted Therapy: Theoretical Foundations and Guidelines for Practice* (4th ed., pp. 249-260). New York: Academic Press.

Johnson, R. A., & **Bibbo, J.** (2015). Relocation stress syndrome. In B. Ackley, G. Ladwig, & M. B. F. Makic (Eds.), *Nursing Diagnosis Handbook: An Evidence-Based Guide to Planning Care*, 11th edition. St. Louis, Mosby.

Johnson, R., & **Bibbo, J.** (2014). The utopia of Tiger Place: Older adults, relocation to a nursing home, and pet relinquishment. *Tijdschrift voor Ouderengeneeskunde (Journal of Geriatric Medicine, Netherlands)*, 1-2014, 28-30.

SELECTED PEER-REVIEWED PRESENTATIONS

* Designates mentee, † designates presenter

Bibbo, J. †, Johnson, J., Drost, J., & Sanders, M. (2021, November). *Uncovering Pet Issues: A Survey of Professionals Working With Older Adults and Care Partners*. Paper presented at the Gerontological Society of America's Annual Scientific Meeting (online).

Bibbo, J. †, Orsulic-Jeras, S. †, & Johnson, J. (2021, June). *Pet care in SHARE: Issues Encountered by Professionals Working in Families with Dementia*. Paper presented at the 30th International Society for Anthrozoology Conference (online).

- Bibbo, J. †**, Ejaz, F. K. †. (2021, April). *Supporting Elder Justice Through the Development and Implementation of a Training Program on Abuse, Neglect & Exploitation*. Workshop presented at the American Society on Aging's Aging in America Conference (online).
- Bibbo, J. †**, Ejaz, F. K. †, & Reynolds, C. †. (2020, August). *The Development and Implementation of a Training Program on Abuse, Neglect & Exploitation for the Senior Companion Program in Ohio*. Workshop presented at the annual meeting of the Ohio Coalition for Adult Protective Services.
- Bibbo, J.** (2019, November). *Interest Group Session – Human-Animal Interaction: Pets in Older Adults' Social Networks: Human-Animal Interaction, Interpersonal Connections, and Healthy Aging*. Chair and organizer of Symposium held at the Gerontological Society of America's Annual Scientific Meeting. Austin, TX.
- Bibbo, J. †**, & Ejaz, F. K. † (2019, August). *Supporting Elder Justice: Developing and Implementing a Training on Abuse, Neglect, and Exploitation for the Senior Companion Program*. Workshop presented at the National Adult Protective Services Association Conference. Denver, CO.
- Bibbo, J.** (2019, August). *Older Adults as Pet Caretakers*. Paper presented as part of the *Addressing the Human-Animal Bond in Therapy: Theory, Foundation, and Application* symposium held at the American Psychological Association Convention. Chicago, IL.
- Bibbo, J. †**, & Proulx, C. M. (2019, July). *The Impact of Care Recipients' Pets on the Family Caregiving Experience*. Paper presented at the 27th International Society for Anthrozoology Conference. Orlando, FL.
- Bibbo, J. †**, Branson, S., & Bass, D. (2019, July). *The BRIA Unmet Pet Care Needs Scale: The Development of a Tool for Adults and their Family Caregivers*. Poster presented at the 27th International Society for Anthrozoology Conference. Orlando, FL.
- Bibbo, J. †**, & Ejaz, F. K. † (2019, May). *Supporting Elder Justice Through Training on Abuse, Neglect, and Exploitation for the Senior Companion Program*. Workshop presented at the Senior Corps Seminar Series, "Supporting Our Seniors: Elder Justice and Independent Living." Washington DC.
- Bibbo, J. †**, Conwell, D., Weitzman, L. S., Ciancibello, A. & Langford, A. (2019, April). *Nutrition Solution: Addressing Food Insecurity and Social Isolation Amongst Older Adults*. Poster presented at the American Society on Aging's Aging in America Conference. New Orleans, LA.
- Bibbo, J.** (2018, November). *Interest Group Session – Human-Animal Interaction: Impacts and Issues of Pet Ownership for Community Dwelling Older Adults*. Chair and organizer of Symposium held at the Gerontological Society of America's Annual Scientific Meeting. Boston, MA.
- Bibbo, J.** (2018, November). *Provision of Purpose: Pet ownership and Maintaining Health and Well-Being in Older Adulthood*. Chair and organizer of Symposium held at the Gerontological Society of America's Annual Scientific Meeting. Boston, MA.

Bibbo, J. (2017, August). *Instrumental And Emotional Effects Of Care Recipients: Companion Animals On The Caregiving Experience*. Paper presented at the 27th Annual Caring for the Frail Elderly Conference presented by the University of Missouri. Columbia, MO.

*Selected to be one of four 2017 Conference Fellows
following a competitive selection process.*

Whitfield, J. M. *†, Rodriguez, K. E., **Bibbo, J.**, O’Haire, M. E. (2017, August) *Psychosocial effects of service dogs on individuals with physical disabilities within two age groups*. Poster presented at the Boehringer Ingelheim Veterinary Scholars National Symposium. Washington, D.C.

Bibbo, J. †, Rodriguez, K.E., & O’Haire, M.E. (2017, June). *The Impact of Service Dogs on Caregivers and Family Members’ Psychosocial Well-Being*. Paper presented at the 25th International Society for Anthrozoology Conference. Davis, CA.

Rodriguez, K.E. †, **Bibbo, J.**, & O’Haire, M.E. (2017, June). *Psychosocial effects of service dog ownership for individuals with physical disabilities*. Paper presented at the 25th International Society for Anthrozoology Conference. Davis, CA.

Elefson, S. *†, **Bibbo, J.**, Rodriguez, K.E., O’Haire, M.E. (2017, April). *Evaluation of Psychosocial Outcomes For Service Dog Recipients*. Poster presented at the Purdue University Undergraduate Research and Poster Symposium. April 13, West Lafayette, IN, USA.

Bibbo, J. †, Curl, A. L., & Johnson, R. A. (2016, November). *Pets as a predictor of loneliness and self-rated health in older adults*. Paper presented at the Gerontological Society of America’s 69th Annual Scientific Meeting, New Orleans, LA.

Bibbo, J. †, Williams, S., Johnson, R. A., & Osterlind, S. (2015, July). *Effects of equine assisted- activities on PTSD symptoms, self-efficacy, emotion regulation, and social engagement in military veterans*. Paper presented at the 24th Annual Conference of the International Society for Anthrozoology, Saratoga Springs, NY.

Bibbo, J. †, Curl, A. L., & Johnson, R. A. (2014, November). *Health benefits of dog walking for older adults*. Poster presented at The Gerontological Society of America’s 67th Annual Scientific Meeting, Washington D.C.

Bibbo, J. (2014, July). *A confirmatory factor analysis of the Center for the Study of Animal Wellness Pet Bonding Scale*. Poster presented at the 23rd Annual Conference of the International Society for Anthrozoology, Vienna, Austria.

Johnson, R., **Bibbo, J.** †, Yaglom, H. D., Carlisle, G., McKenney, C., & Holt, S. (2013, July). *The HAI-Viability for Research Collaborators Assessment: An instrument to assess HAI organizations’ potential as research collaborators*. Poster presented at the 22nd Annual Conference of the International Society for Anthrozoology, Chicago, IL.

Bibbo, J.[†], Johnson, R., & McKenney, C. (2012, November). *Pet Pals: A pilot study to ease relocation transition*. Poster presented at The Gerontological Society of America's 65th Annual Scientific Meeting, San Diego, CA.

Bibbo, J. (2012, July). *Staff perceptions of benefits of an animal-assisted activity in an outpatient oncology center: Degree of interaction and perceived benefit*. Poster presented at the 21st Annual Conference of the International Society for Anthrozoology, Cambridge, UK.

Bibbo, J. (2012, April). *From pictographs to β -phenylethylamine: The emergent empirical significance of the human-animal bond*. Student Plenary presented at the MU Cross-Disciplinary Project conference, Columbia, MO.

The talk was selected as the student plenary through a competitive application process.

Bibbo, J. (2011, August). *Staff perceptions on the addition of an animal-assisted activity at a regional cancer center*. Paper presented at the 20th Annual Conference of the International Society for Anthrozoology, Indianapolis, IN.

Bibbo, J. (2010, November). *The burden of caring: An evaluation of caregivers caring for seniors with neurological disease*. Poster presented at The Gerontological Society of America's 63rd Annual Scientific Meeting, New Orleans, LA.

The poster was a recipient of the Emerging Scholar and Professional Organization (ESPO) Poster Award.

Bibbo, J. (2010, May). *The burden of caring: An evaluation of caregivers caring for seniors with neurological disease*. Paper presented at the 24th Annual CSU Student Research Competition. San Jose, CA.

The paper won Second Place in the category of Behavioral and Social Sciences - Undergraduate.

Kline, L.[†], & **Bibbo, J.**[†] (2009, October). *Attributions of companion animal behavior by adopters and relinquishers of companion animals*. Paper presented at the 18th Annual Conference of the International Society for Anthrozoology, Kansas City, MO.

INVITED PRESENTATIONS

Austad, S., **Bibbo, J.** & Gee, N. (July, 2021). *Therapy Dogs, Pets, and Healthy Aging: The Research Behind the Impact*. A webinar presented by the American Federation for Aging Research, The Good Dog Foundation, and Grantmakers In Aging.

Bibbo, J.[†] & Butch, J.[†] (2020, October). *Practical Applications: The Bond between Older Adults and Pets*. A Webinar presented as part of the Interpersonal Violence & Animal Abuse: Understanding the Link and Local Resources, the 2020 Greater Cleveland Elder Abuse/Domestic Violence Roundtable. Cleveland, OH.

Arkow, Phil, **Bibbo, J.**, Holmquist, K. (2020, April). *Animal Abuse, Animal Hoarding and Elder Abuse: Challenges and Strategies for Adult Protective Services*. Webinar presented for the National Adult Protective Services Association.

- Bibbo, J., & Ejaz, F. K.** (2019, June). *Tools and Tips for Senior Companions*. Paper presented at the 7th Annual Cuyahoga County Elder Abuse Forum. Cleveland, OH.
- Bibbo, J.** (2019, April). *Benjamin Rose Institute on Aging: Service, Research, and Advocacy for Older People in Cleveland and Beyond*. Webinar presented as part of the VA Geriatric Topic Series at the Louis Stokes Cleveland VA Medical Center.
- Bibbo, J.** (2018, May). *The instrumental and emotional impacts of care recipients' pets on the caregiving experience*. Paper presented at the Center for Aging and the Life Course Colloquia Series, Purdue University, West Lafayette, IN.
- Johnson, R. A., & **Bibbo, J.**[†] (2015, June). *Effects of equine assisted activities on PTSD symptoms, self-efficacy, emotion regulation, and social engagement in military veterans*. Webinar presented to the Horses and Humans Research Foundation.
- Bibbo, J.** (2013, December). *Older adults, their cats, and their informal caregivers*. Paper presented at Uitnodiging Symposium for Prof. Dr. Marie-José Enders-Slegers, Heelen, Netherlands.

PROFESSIONAL MEMBERSHIPS

2018 - Present	American Society on Aging
2014 - Present	The Section on Human-Animal Interaction: Research & Practice, Section 13 of Division 17 of the American Psychological Association
2010 - Present	Gerontological Society of America
2009 – Present	International Society for Anthrozoology

PROFESSIONAL ACTIVITIES & SERVICE

July 2017 – Present	Convener of the Human-Animal Interaction Special Interest Group of the Gerontological Society of America
November 2016 – Present	Founding member of the Human-Animal Interaction Special Interest Group of the Gerontological Society of America
Ad hoc Reviewer	<i>Ageing & Society</i> , 2017 <i>Alzheimer's & Dementia: Translational Research & Clinical Interventions</i> , 2021 <i>Animals</i> , 2021 <i>Anthrozoös</i> , 2016, 2017, 2018, 2019, 2020 <i>Australian Journal of Psychology</i> , 2020 Christopher & Dana Reeve Foundation, 2019 - Present <i>Disability and Rehabilitation</i> , 2019, 2021 <i>Frontiers in Veterinary Science</i> , 2022 <i>The Gerontologist</i> , 2017, 2018

Gerontological Society of America's Annual Scientific Meeting Abstracts, 2015, 2016, 2018 - Present
Human-Animal Interaction Bulletin, 2018 - Present
Innovation in Aging, 2019
International Journal of Geriatric Psychiatry, 2015
 International Society for Anthrozoology Conference Abstracts, 2021
Journal of Applied Gerontology, 2016, 2019, 2020
Journal of Family Social Work, 2018, 2019
Journal of Gerontology Psychological Sciences, 2019, 2020
Supportive Care for Cancer, 2016
Research Quarterly for Exercise and Sport, 2016
 RRF Foundation for Aging, 2020, 2021
Veterinary Dermatology, 2020

SELECTED HONORS AND AWARDS

- August 2017** 27th Annual Caring for the Frail Elderly Conference
Conference Fellow
 One of four early-career researchers and graduate students selected through a competitive process to present original research.
- August 2014** ThinkSwiss
ThinkSwiss Travel Grant
 Amount: **CHF 1,000**
 Awarded in conjunction with acceptance into the Institute of Nursing Summer School "Developing Behavioral Interventions for Older Adults" held at the Universtät Basel, Switzerland.
- December 2013** Mizzou Advantage, University of Missouri
Mizzou Advantage Travel Grant
 Amount: **\$1,500**
 Awarded to present an invited talk at the Uitnodiging Symposium for Prof. Dr. Marie-José Enders-Slegers, in Heelen, Netherlands.
- August 2011 – May 2016** University of Missouri Graduate School
G. Ellsworth Huggins Graduate Scholar
 Amount: **\$8,000/year stipend and tuition remission**
- May 2011** 25th Annual CSU Student Research Competition
Student delegate in the Category of Behavioral & Social Sciences - Graduate
- November 2010** The Gerontological Society of America's 63rd Annual Scientific Meeting
Emerging Scholar and Professional Organization Poster Award
- September 2010 – June 2011** California State University, Chico Graduate School
Graduate Equity Fellow
 Amount: **\$3,548**

- May 2010** 24th Annual CSU Student Research Competition
Student delegate and Second Place winner in the Category of Behavioral & Social Sciences - Undergraduate
- August 2009 –** California State University, Chico
May 2010 *Hugh M. Bell Memorial Scholarship*
- August 2009 –** California State University, Chico
May 2010 *Honors in Psychology*
- March 2009** California State University, Chico
Research and Creativity Award