Fact Sheet

What is SHARE?

SHARE is an innovative evidence-based program that is designed to utilize technology to engage both a person with early-stage dementia and their care partner in discussions about symptoms, communication, care values and preferences, healthy activities, and planning for the future.

Upon what research is SHARE based?

SHARE is based on two decades of research by the Center for Research and Education, part of the Benjamin Rose Institute on Aging, and one of the nation’s premier centers for applied aging research. The research indicates that individuals with early-stage dementia benefit from an intervention that increases their active participation in their care plan, develops positive communication techniques among the family, increases knowledge and understanding about available services, and assists the family through the emotional turbulence of a diagnosis of Alzheimer’s disease or other forms of dementia.

How does SHARE work?

Using a specially designed iPad app, SHARE Counselors guide program participants through five sessions, plus an optional family session, to outline a care plan for their family to follow as the person with early-stage dementia progresses.
What is in the SHARE Toolkit?

What does SHARE stand for?
Support care partners and help them communicate effectively and plan for the future; promote Health and well-being, and decrease stress; encourage participation in fulfilling Activities; learn about available Resources that reflect care partners’ values and preferences; provide Education about dementia and how to manage changes that lie ahead.

Who can purchase a SHARE license?
SHARE is available by license to professional organizations who serve families and individuals living with dementia in the earlier stages. SHARE Counselors are social workers, geriatric case managers, counselors, program educators, nurses, and other professionals who work with older adults and their families. To learn more about the SHARE program, visit www.benrose.org/share