



Rose Centers Directory

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HOME DELIVERED MEALS

Meal Cancellations:

216-373-1994

Hours: Mon-Fri 8:00am - 5:00pm

Staff:

Jacqueline Hart, *HDM Administrator*
 Christine Maslar, *HDM Social Worker*
 Jennifer Meigs, *HDM Social Worker*
 Bonnie Paul, *HDM Social Worker*
 Anthony Bolden, *Driver/Jumper*
 Carmetta Brabson, *Driver/Jumper*
 Micheal Brown, *Driver/Jumper*
 Anthony Childress, *Driver/Jumper*
 Donna Dozier, *Driver/Jumper/Generalist*
 Denham Fletcher, *Driver/Jumper*
 Bruce Fowler, *Driver/Jumper*
 Joseph Grair, *Fleet Manager*
 Brandon Horne, *Driver/Jumper*
 Quantika Lash, *Driver/Jumper*
 Thomas Rankins, *Driver Jumper*
 Anthony Ray, *Driver/Jumper*
 Carl Rudolph, *Driver/Jumper*
 Cordell Rudolph, *Driver/Jumper*
 Danny Smith, *Driver/Jumper*
 George Sturdivant, *Driver/Jumper*
 Kenneth Vaughn, *Driver/Jumper*
 Arthur Walker, *Driver/Jumper*
 Lander Redrick, *Driver/Jumper*
 Alexander Franklin, *Driver/Jumper*

ROSE CENTERS ADMINISTRATION

Dabney K. Conwell

Vice President, Health and Wellness

Melissa Winberry

Assistant Director, Health and Wellness

Tim Frey

Program Director, Health and Wellness

Aja Harris

Administrative Coordinator

ROSE CENTER DIRECTORY

East Cleveland Rose Center.....Phone: 216-373-1696

1507 Doan Avenue, Cleveland, OH 44112 M-F 10am-3pm

Kia Keaton, Center Director

Kathleen Woodson, Program Assistant

Gunning Park Rose Center Phone: 216-373-1735

16700 Puritas Road, Cleveland, OH 44135 M-F 8:30am-3pm

Trina Roddy, Center Director

Christa Smith, Program Assistant & Activities Coordinator

Brittney Schill, Kitchen Aide

Lakeshore Rose Center Phone: 216-373-1939

16600 Lakeshore Blvd, Cleveland, OH 44110 M-F 10am-3pm

Carla Collins, Center Director

Robin Whitted, Program Assistant

David Blackman, Custodian

King Kennedy Rose Center Phone: 216-401-6561

2501 East 59th Street, Cleveland, OH 44104 M-F 8am-2pm

Cat Mohar, Nutrition Site Coordinator

Gary McCoy & Mary Wallace, Kitchen Aide

Riverview Towers Rose Center.....Phone: 216-373-

1793

1795 West 25th Street, Cleveland, OH 44113 M-F 9am-2pm

Linda Robinson, Nutrition Site Coordinator

Carla Epps & Clarence Golston, Kitchen Aide

Old Brooklyn Rose Center Phone: 216-749-5367

3100 Devonshire Rd, Cleveland, OH 44109 M-F 10am-3pm

Trevon Edwards, Center Director

Tina Ribnicky, Program Assistant

Cassandra Chambers, Activities Coordinator

Shuranda Colvin, Kitchen Aide

Rose Center at Fairhill Partners..... Phone: 216-421-1350 x162

12000 Fairhill Road, Cleveland, OH 44120 M-F 11:30am-12:30pm

*Contact Carol Gatto to make a lunch reservation.

Don't forget to give your suggested \$1.00/day meal donation to your center staff or delivery person.

Rose Centers News

December Community Events:

12/02-1/5 **FROST An Ice Capped Garden:** at Cleveland Botanical Gardens. (\$7-\$28 tickets depending)

12/5-7 **5:00pm Little Italy Holiday Art Walk:** free event requires walking.

12/06-1/1 **Candy Land- It's Wild in Ohio:** Free indoor family event at Penitentiary Glen Reservation in Kirkland. Each Saturday, enjoy an outdoor campfire with s'mores from noon to 3 pm and animal chats at 11 am, 1 and 3 pm. On Sundays, experience meet-the-keeper chats in the Wildlife Yard at 11 am, 1 and 3 pm.

12/7 **Light up Lakewood:** 4-8pm, free family event on Detroit Avenue on Downtown Lakewood- Parade, lighting ceremony, fireworks, holiday train, live music, ice carvings, hot cocoa and more.

12/31 **NOON Year's Eve:** Free family event 10am-1pm at Tower city

There will be no meal delivery, and
Rose Centers will be closed on
December 25th in observance of
Christmas Day.



WE THRIVE TOGETHER
WARRIORS



YOU'RE INVITED...
Meet People. Have Fun. Make Friends.

FREE ONLINE EVENTS
Bingo, Trivia, Brain Games, Art Classes, Cards,
Interviews, Tech Training, Discussion Groups,
Caregiver Chats, and More!

Visit: WeThriveTogether.org/Warriors

REMINDER

Be sure to listen to your messages from the automated messaging system to hear reminders and important announcements.

Don't Call—Just Listen

Calls will be from 216-799-0461

*You will receive program alerts via phone calls, text messages, or email for FREE!



If you will not be home to receive your delivery, please call to cancel that day's delivery. Canceling in advance allows us to continue offering this vital service to our community.

~Call 216-373-1994 ~

Center Trips This Month

12/03- MoTown X-Mas Playhouse
Square
11A.M-2:00P.M.

12/12- Cleveland History Museum
10A.M- 12:30 P.M

12/15- Cleveland Candle Company
10A.M- 2:30P.M

See Cassie for all sign-ups

Upcoming Special Events

12/01- Veggie Box 10AM

12/02- Tree Decorating 10 AM

12/05- Gambling Presentation 10AM

12/09-Holiday Craft W/ Christine 10AM

12/15-Tobacco Cessation Presentation 10AM

12/17- Christmas Movie Day 10AM

12/19- Holiday Craft w/ Cassie 10AM

12/24- Christmas Party 10AM

Reminders

Please make sure you are signing
up for your lunch and
transportation to and from the
center on Mondays and/or
Tuesdays of each week.

See Tina



Old Brooklyn

December 2025

Monday	Tuesday	Wednesday	Thursday	Friday
1) 8:30 Coffee & Music 10:00 Veggie Box 12:30 Bingo Shopping (Midtown)	2) 8:30 Board Games 10:00 Tree Decorating 12:00 Lunch 12:30 Stability & Strength	3) 8:30 Puzzles 11:00 Playhouse 12:00 Lunch 12:30 Yoga Shopping (Parma Town)	4) 8:30 Coffee & Chitchat 10:00 Trivia 10:40 Post Office on Wheels 11:00 Volleyball 12:30 Music Bingo	5) 8:30 Crafts 10: Show & Tell 12:00 Lunch 12:30 Tai-Chi Shopping (Ridgepark)
8) 8:30 Coffee & Music 10:00 Gambling Presentation (RR) 12:30 Bingo Shopping (Midtown)	9) 8:30 Board Games 10:00 Holiday Craft W/ Christine 12:00 Lunch 12:30 Stability & Strength	10) 8:30 Puzzles 10:00 Gift Wrapping 12:00 Lunch 12:30 Yoga Shopping (Parmatown)	11) 8:30 Coffee & Chitchat 10:00 Trivia 11:00 Volleyball 12:00 Lunch 12:30 Bingo	12) 8:30 Crafts 10:00 Show & Tell 12:00 Lunch 12:30 Tai-Chi Shopping (Ridgepark)
15) 8:30 Coffee & Music 10:00 Tobacco Presentation (RR) 10:00 Cle. Candle 12:30 Bingo	16) 8:30 Board Games 10:00 Wellness 12:00 Lunch 12:30 Stability & Strength	17) 8:30 Puzzles 10:00 Christmas Movie Day 12:30 Yoga Shopping (Parmatown)	18) 8:30 Coffee & Chitchat 10:00 Trivia 11:00 Volleyball 12:00 Lunch 12:30 Bingo	19) 8:30 Crafts 10:00 Holiday Craft 12:00 Lunch 12:30 Tai-Chi Shopping (Ridgepark)
22) 8:30 Coffee & Music 10:00 New Year Resolutions 12:30 Bingo Shopping (Midtown)	23) 8:30 Board Games 10:00 Cooking w/Cassie 12:00 Lunch 12:30 Stability & Strength	24) 8:30 Puzzles 10:00 Christmas Party 	25) CLOSED 	26) 8:30 Crafts 10:00 Movie Day 12:00 Lunch 12:30 Tai-Chi Shopping (Ridgepark)
29) 8:30 Coffee & Music 10:00 Holiday Sheets 12:30 Bingo Shopping (Midtown)	30) 8:30 Board Games 10:00 Wellness 12:00 Lunch 12:30 Stability & Strength	31) 8:30 Puzzles 10:00 Wishes for Others 12:00 Lunch 12:30 Yoga 5		

East Cleveland

"Remember this
December, that love
weighs more than gold!"

Josephine Dodge Daskam Bacon

littigers.net

Upcoming Special Events

Dec 3 10:15a Playhouse Square
Dec 17th - Special Event



Friendsgiving Lunch &
Cleve Public Library
Maker Space Trip



**SORRY
WE ARE
CLOSED!**

Dec 25th

In Observance of the
Christmas Holiday

Weekly Programming



Monday	Tai Chi	12:30 pm
Tuesday	Art w/Laura	9:45 am
Tuesday	Bingo	12:30 pm
Tues - Thurs	Lunch w/Chef	12:00 pm
Thursday	Fit n Fab	10:30 am
Friday	Line Dancing	12:30 pm

East Cleveland

December 2025

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1</p> <p>10:00 Games 11:30 Lunch 12:30 Tai Chi</p>	<p>2</p> <p>9:45 ART w/Laura 10:00 Dominoes 12:00 Lunch w/Chef 12:30 </p>	<p>3</p> <p>10:00 Dominoes 10:15 Special Trip: Motown Christmas</p>	<p>4</p> <p>10-12p Dominoes 10:30 Fit & Fab 12:00 Lunch w/Chef 12:30 Fun & Games</p>	<p>5</p> <p>10:00 Dominoes 11:30 Lunch 12:30 Kings Corner</p>
<p>8</p> <p>10:00 Games 11:30 Lunch 12:30 Tai Chi</p>	<p>9</p> <p>10:00 Dominoes 12:00 Lunch w/Chef 12:30 </p>	<p>10</p> <p>10:00 Dominoes 10:30 Comp Class 12:00 Lunch w/Chef 12:30 Yoga</p>	<p>11</p> <p>10-12p Dominoes 10:30 Fit & Fab 12:30 Fun & Games</p>	<p>12</p> <p>10:00 Dominoes 11:30 Lunch 12:30 Kings Corner</p>
<p>15</p> <p>10:00 Games 11:30 Lunch 12:30 Tai Chi</p>	<p>16</p> <p>9:45 ART w/Laura 10:00 Dominoes 12:00 Lunch w/Chef 12:30 </p>	<p>17</p> <p>10:00 Dominoes 12:00 Lunch w/ Chef 1:00 Bible Study</p>	<p>18</p> <p>10:00 Dominoes 10:30 Fit & Fab 12:30 Fun & Games</p>	<p>19</p> <p>10:00 Dominoes 11:30 Lunch 12:30 Kings Corner</p>
<p>22</p> <p>10:00 Games 11:30 Lunch 12:30 Tai Chi</p>	<p>23</p> <p>10:00 Dominoes 12:00 Lunch w/Chef 12:30 </p>	<p>24</p> <p>10:00 Dominoes 10:30 Computer Class 12:00 Lunch w/Chef</p>	<p>25</p> <p>CENTER CLOSED</p> <p></p>	<p>26</p> <p>CENTER CLOSED</p>
<p>29</p> <p>10:00 Games 11:30 Lunch 12:30 Tai Chi</p>	<p>30</p> <p>10:00 Dominoes 12:00 Lunch w/Chef 12:30 </p>	<p>31</p> <p>10:00 Dominoes 10:30 Computer Class 12:00 Lunch w/Chef</p> <p>7</p>	<p></p>	

Gunning Park

Special Trips

December 3rd at 11:00 am
Motown Christmas at
Playhouse Square

&
December 10th at 10:00 am
Camp Forbes Holiday Party

Weekly Activities Join Us:

Bingo, Cardio Dance, Pokeno,
Dancercise, Pinochle, Fitness Fusion,
Dominoes, Tai Chi, Volleyball, Line
Dance, Senior Swimming & Walking



Monthly Programs

EMS Screenings
Fresh Flowers
Commodity Food Box Healthy
Cooking Class
Young Art Center
Music Therapy

Upcoming Special Events

Holiday Celebration

December 19, 2025

10:00 AM.

Pictures with Santa

Holiday Gift Baskets Raffles

Checkout our

Gunning and Old Brooklyn pictures from
the Rose Centers Amish Country Trip!



REMINDERS

Please make your weekly meal and or
transportation reservation on Monday's
before 10:00 am.

Thank you!

Gunning Park

December 2025

Monday	Tuesday	Wednesday	Thursday	Friday
1 10:00 Cardio Dance 11:30 Lunch 12:30 Pokeno & 12:30 Dominoes	2 9:30 Pinochle 10:00 Dancer-cise 11:30 Lunch	3 9:30 Walking 10:00 Fitness Fusion 11:00 Special Trip Motown Christmas 11:30 Lunch 12:00 Line Dancing	4 9:30 Pinochle 10:00 EMS Screening 10:00 Tai Chi 11:30 Lunch	5 9:30 Walking 10:00 UBG Presentation Medicare Plans 11:30 Lunch 12:30 Bingo
8 10:00 Cardio Dance 11:30 Lunch 12:30 Pokeno & Dominoes	9 9:30 Pinochle 10:15 Music Bingo 11:30 Lunch 12:00 Fresh Flowers	10 9:30 Walking 10:00 Fitness Fusion 10:00 Special Trip Camp Forbes Party 11:30 Lunch 12:00 Line Dancing	11 9:30 Pinochle 9:30 Beverly Davis Your Ins. Group 10:00 Tai Chi 11:30 Lunch	12 9:30 Walking 11:30 Lunch 12:00 Gunning Park Rose Cinema Holiday Movie
15 10:00 Cardio Dance 11:30 Lunch 12:30 Pokeno & 12:30 Dominoes	16 9:30 Pinochle 10:00 Young Art Center 11:30 Lunch	17 9:30 Walking 10:00 Fitness Fusion 11:30 Lunch 12:00 Line Dancing	18 9:30 Pinochle 10:00 Tai Chi 11:30 Lunch	19 9:30 Walking 10:00 Gunning Park Rose Center Holiday Celebration 11:30 Lunch
22 10:00 Cardio Dance 11:30 Lunch 12:30 Pokeno & 12:30 Dominoes	23 9:30 Pinochle 10:00 Dancer-cise 11:30 Lunch	24 9:30 Food Box 9:30 Walking 10:00 Fitness Fusion 11:30 Lunch 12:00 Line Dancing	25 Gunning Park Rose Center Closed Christmas Day	26 9:30 Walking 11:30 Lunch 12:30 Bingo
29 10:00 Cardio Dance 11:30 Lunch 12:30 Pokeno & 12:30 Dominoes	30 9:30 Pinochle 10:00 Dancer-cise 11:30 Lunch	31 9:30 Walking 10:00 Fitness Fusion 11:30 Lunch 12:00 Line Dancing		

CENTER TRIPS THIS MONTH

December 3, 2025
Playhouse Square
"Motown Christmas"

December 5, 2025 Near
West Theater "Hairspray"

December 15, 2025
Cleveland Candle
Company

WEEKLY PROGRAMMING

Monday- Movin & Grooving with Christine

Tuesday- Cardio line dancing/Bible Study

Wednesday- Bingo

Thursday- Zumba/ Bible Study

Daily- Puzzles, art, crocheting, cards, games, and
walking

Upcoming Special Events

12/9 Thoughtful Therapy by Resi health

12/10 CDPH Presentation

12/10 Christmas program

12/19 Holiday Pajama Jam



REMINDERS

Meal reservations and
Transportation changes are due
by Wednesday mornings

Lakeshore

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4 10:00 Zumba 11:30 Lunch 12:00 Bible Study	5 10:00 IG School 11:30 Lunch 12:00 Games
8 10:00- Movin'n Groovin Aerobics 11:30 Lunch 12:00 Book Club	9	10 10:00 11:30 Lunch 12:30 Bingo Mobile Post Office	11 10:00 Zumba 11:00 Health Screenings 11:30 Lunch 12:00 Bible Study	12 10:00 IG School 11:30 Lunch 12:00 Chef Kellee 1:00 Social Hour
15 10:00 Movin'n Groovin Aerobics 11:30 Lunch 12:00 Book Club 1:00	16 10:00 Cardio Line Dancing 11:30 Lunch 12:00 Arts and Crafts Build A Bouquet	17	18	19 10:00 Social Hour 11:30 Lunch 12:00
22 10:00 Movin'n Groovin Aerobics 11:30 Lunch 12:00 Book Club	23 10:00 Cardio Line Dancing 11:30 Lunch 12:00 Bible Study	24 10:00 11:30 Lunch 12:30 Bingo	25 CENTER CLOSED	26
29	30	31		

Rose on the Go

HYGGE (pronounced HOO-gah) is a Danish concept that describes a feeling of coziness, contentment, and well-being created through simple pleasures. It's about slowing down, savoring the present moment, and surrounding yourself with comforting experiences—whether that's warm lighting, soft textures, good company, or a peaceful routine. Hygge isn't about buying anything special; it's about cultivating an atmosphere that feels safe, soothing, and joyfully unhurried, especially as the winter months invite us indoors.

For older adults, practicing hygge in the winter can be both relaxing and uplifting. Simple, comforting activities can help create a warm and cozy atmosphere at home. Here are a few hygge-inspired ideas to try:

- Enjoy a warm drink—such as tea, cider, or cocoa—while sitting near a favorite lamp or window.
- Create a cozy nook with soft blankets, pillows, and warm lighting for reading or journaling.
- Bring a bit of nature indoors with houseplants, winter blooms, or a small tabletop arrangement.
- Plan a simple, comforting meal like soup and bread to share with a friend or neighbor.
- Make time for meaningful conversations with loved ones through phone calls or video chats.



King Kennedy & Riverview Towers

Get Crafty for Winter with a DIY Humidifier

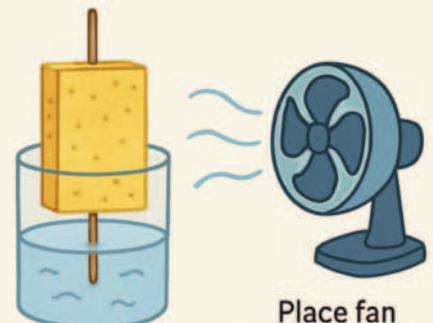
Winter months bring much drier indoor air, which can cause dry skin, scratchy throat, and general discomfort. A simple DIY humidifier helps add moisture back into your home.

- Stick a skewer through the top of a sponge so it can hang in a cup or container.
- Fill the container so the bottom of the sponge sits in water.
- Place a small fan behind it on low—this helps the water evaporate into the room.
- Set up one or more of these around your home (dresser, coffee table, etc.) for extra humidity

KK Senior Box Day:
Tuesday December 16th

DIY SPONGE HUMIDIFIER

Why: Winter months bring much drier indoor air



Hang sponge
in container
of water

Place fan
behind, on low

Set up these around your home

December 2025 WRAAA MENU

Monday	Tuesday	Wednesday	Thursday	Friday
1 *Beef Meatloaf 3 oz *Gravy 2 oz *Mashed Potatoes ½ c *Green Beans ½ c W.G. Dinner Roll 2 oz Orange ALT=CS TR	2 *Breaded Fish 4 oz Tartar Sce 1 PC *Rice Pilaf ½ c *Antigua Blend ½ c *Brussels Sprouts ½ c W.G. White Sliced Pears ½ c ALT=CBSG RB	3 *Chicken Alfredo 4 oz *W.G. Pasta ½ c w/ Sauce 2 oz *Mixed Vegetables ½ c *Broccoli ½ c W.G. White Banana ALT=CF RB	4 *Beef Stir Fry 3 oz *Brown Rice ½ c *Kyoto Blend ½ c *Japanese Blend ½ c W.G. White Mandarin Oranges ½ c ALT=CBSG TR	5 *BBQ Chicken Breast 3 oz *Macaroni and Cheese ½ c Spinach ½ c w/ Vinegar 1 PC *Baked Beans ½ c W.G. Corn Muffin 1 oz Sliced Peaches ½ c ALT=CF T
8 *Stuffed Pepper 6 oz w/ 2 oz Sauce *Mashed Potatoes ½ c *Baby Lima Beans ½ c W.G. Wheat Biscuit 2 oz Tropical Fruit ½ c ALT=CS TR	9 *Beef Ravioli 8 oz *Green Beans ½ c *Corn ½ c Fruit Cocktail ½ c Cereal Car 1 oz Vanilla Wafers 1 oz ALT=CBSG T	10 *Swedish Meatballs 3-1 oz *Mashed Potatoes* w/ Gravy 2 oz *Beets ½ c 2 W.G. White Peaches ½ c ALT=CF TR	11 *Tomato Basil Chicken 3 oz *W.G. Pasta ½ c w/ Sauce 2 oz *Mixed Vegetables ½ c *Broccoli ½ c W.G. White Apricots ½ c ALT=CBSG T	12 *Baked Chicken Breast 3 oz *Gravy 2 oz *Mashed Potatoes ½ c *Key Largo Vegetables ½ c W.G. Biscuit 2 oz Applesauce ½ c ALT=CF RB
15 *Turkey Tetrazzini w/ W.G. Spaghetti ½ c & Turkey 3 oz *Mixed Vegetables ½ c *Cauliflower ½ c Whole Grain White Peaches ½ c ALT=CS RB	16 *Sweet & Sour Pork Loin 4 oz *Brown Rice ½ c *Sautéed Mushrooms ½ c *Carrot Coins ½ c W.G. White Orange ALT=CBSG TR	17 *Breaded Chicken Breast 3 oz *W.G. Pasta ½ c, *Tomato Sc. 2 oz *Capri Blend ½ c Spinach ½ c w/ Vinegar 1 PC W. G. Breadstick 1 oz Applesauce ½ c ALT=CF T	18 *Stuffed Cabbage w/ Beef 6 oz *Mashed Potatoes ½ c *Gravy 2 oz W.G. Dinner Roll 2 oz Banana Grape Juice 4 oz ALT=CBSG TR	19 *Hawaiian Chicken 3 oz *Rice Pilaf ½ c *California Blend ½ c *Green Peas ½ c W.G. Wheat Tropical Fruit ½ c ALT=CF RB
22 *Breaded Fish 3 oz *Rice Pilaf ½ c *Glazed Carrots ½ c Spinach ½ c w/ Vinegar 1 PC Whole Grain Wheat Applesauce ½ c ALT=CS RB	23 *Chicken Cordon Bleu 7 oz *Mashed Potatoes ½ c *Harvard Beets ½ c 2 Whole Grain White Sliced Peaches ½ c ALT=CBSG RB	24 *Roasted Turkey Breast 3 oz *Gravy 2 oz w/ *Stuffing ½ c *Butternut Squash ½ c *Green Beans ½ c W.G. Dinner Roll 1 oz Cranberry Juice ½ c ALT=CF RB	25 Holiday Sites Closed ALT=CF TR	26 *Salisbury Steak 3 oz *Gravy 2 oz *Mashed Potatoes ½ c *Broccoli ½ c 2 Whole Grain Wheat Red Grapes 1 c ALT=CF TR
29 *Sliced Ham 3 oz w/ Pineapple Glaze *Mixed Vegetables ½ c *Cheesy Potatoes ½ c W.G. Corn Muffin 2 oz Cinnamon Applesauce ½ c ALT = CS TR	30 *Baked Chicken Breast 4 oz *Gravy 2 oz *Mashed Potatoes ½ c *Broccoli ½ c W.G. Dinner Roll 2 oz Diced Pears ½ c ALT=CBSG RB	31 *Stuffed Shells 8 oz *Cauliflower ½ c *Zucchini ½ c *2 Whole Grain White Red Grapes 1 c ALT=CF T	*=take temperature of Milk and all food proceeded by an asterisk Choice of 1% Milk, Buttermilk, or Calcium Fortified Juice	
Menu Approved By: <i>Ann Stahlheber MS, RDN, LD</i>				

Western Reserve Area Agency on Aging - 2025

Default Alternate Menu choices are shown at the bottom of each daily menu: "T" = Tuna, "TR" = Turkey, "RB" = Roast Beef, "V" = Cheese
ALT CS=Chicken Salad w/Croissant, ALT CBSG = Spring Lettuce Salad w/Chicken Breast, ALT CF = Chicken Breast, ALT CF = Chef Salad W Lettuce, Ham, Egg, Cheese

*Come on down for a hot meal
every second Saturday
from 12:30-2pm*

– DONATIONS WELCOME –
1744 Payne Avenue, Cleveland 44114
DIVINE OUTREACH MINISTRY
East Cleveland Transitional Housing
216-255-6953



chernin@sbcglobal.net
Dorothy Carmack,
Executive Director

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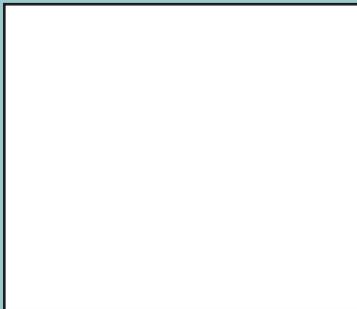
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FRANCES PAYNE BOLTON SCHOOL OF NURSING
CASE WESTERN RESERVE UNIVERSITY

Volunteers Needed for Research Study on Unpaid Caregivers of Individuals with Alzheimer's or Dementia related disorders who reside in a care facility.

Are you an unpaid caregiver of a family member, loved one, or friend who has Alzheimer's disease-related dementias and resides in a care facility? You may be eligible for a study that helps us to understand how we can best support the needs of individuals like you.

You May Qualify If You

- Are 25 years of age and older.
- Are of current or former unpaid caregiver (within the last 5 years) of an individual with Dementia or Alzheimer's-related disorders who resides in a care facility.
- Can read, speak, and write English.

Participation Involves

- Participating in an individual interview.
- Completing a survey on caregiver stress.

Location: Virtually or via telephone
Participants will be compensated.

Potential Benefits
Participating in this study may help to improve complicated grief group therapy for diverse racial and ethnic individuals

Scan the QR code to begin the Survey!



FOR MORE INFORMATION
Please contact Siobhan Aaron at 216-368-5748 or email siobhan.aaron@case.edu

Frances Payne Bolton School of Nursing, Case Western Reserve University
0900 Euclid Avenue, Cleveland, OH 44106-4904

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