




Gunning Park

May 2026

Monday	Tuesday	Wednesday	Thursday	Friday
 <p>OLDER AMERICANS MONTH</p>		<p>"THEME" CHAMPION YOUR HEALTH</p> 	<p>TAKE AN ACTIVE ROLE IN FOCUSING ON PREVENTION , WELLNESS, AND SELF- ADVOCACY</p>	<p>19:30 Walking 10:00 Mother's Day Paris Theme Tea Party 11:30 Lunch 12:30 Bingo 2:00 STC Pick-up</p>
<p>4 11:00 City Diner 11:30 Lunch 12:30 Pokeno & Dominoes 2:00 STC Pick-up</p>	<p>5 9:30 Pinochle 10:00 Food Pantry Day 11:30 Lunch 12:30 STC Pick-up</p>	<p>6 9:30 Walking 10:00 Food Pantry Day 11:30 Lunch 12:00 Line Dancing 12:30 STC Pick-up</p>	<p>7 9:30 EMS Screening 9:30 Pinochle 10:00 Tai Chi 11:30 Lunch 12:30 STC Pick-up</p>	<p>8 9:30 Walking 10:00 Senior Expo 11:30 Lunch STC Pick-up</p>
<p>11 10:00 Dancing Wheels 11:30 Lunch 12:30 Pokeno & 12:30 Dominoes 2:00 STC Pick-up</p>	<p>12 9:30 Pinochle 9:30 Art Museum 11:30 Lunch 12:00 Fresh Flowers 12:30 STC Pick-up</p>	<p>13 9:30 Walking 10:00 Fitness Fusion 11:30 Lunch 12:00 Line Dancing 12:30 STC Pick-up</p>	<p>14 9:30 Pinochle 10:00 Tai Chi 11:30 Lunch 12:30 STC Pick-up</p>	<p>15 9:30 Walking 9:30 Holistic Health & Wellness Class 11:30 Lunch 12:30 Bingo 2:00 STC Pick-up</p>
<p>18 10:00 Cardio Dance 11:30 Lunch 12:30 Pokeno & 12:30 Dominoes 2:00 STC Pick-up</p>	<p>19 9:30 Pinochle 10:00 Dance-er-cise 11:30 Lunch 12:30 STC Pick-up</p>	<p>20 9:30 Walking 11:30 Lunch 12:00 Line Dancing 12:30 STC Pick-up</p>	<p>21 9:30 Pinochle 10:00 CCHAP Meal Presentation 11:30 Lunch 12:30 STC Pick-up</p>	<p>22 9:30 Walking 10:00 Dancing Wheels 11:30 Lunch 12:30 Bingo 2:00 STC Pick-up</p>
 <p>Memorial Day RCAW Closed</p>	<p>26 9:30 Pinochle 10:00 Gunning Rose Book Buddies 11:30 Lunch 12:30 STC Pick-up</p>	<p>27 9:30 Commodity Food Box Day 11:30 Lunch 12:00 Line Dancing 12:30 STC Pick-up</p>	<p>28 9:30 Pinochle 10:00 Dept. of Aging Getting Your House in Order 11:30 Lunch 12:30 STC Pick-up</p>	<p>29 9:30 Walking 10:00 S.P.I.C.E. Cooking Class 11:30 Lunch 12:30 Bingo 2:00 STC Pick-up</p>