Gunning Park

November 2026

Monday	Tuesday	Wednesday	Thursday	Friday
2 9:30 Apex Skin Cancer Screening 11:30 Lunch 12:30 Pokeno 12:30 Dominoes 2:00 STC Pick	3 9:30 Pinochle **10:00 Chair Exercise** 11:30 Lunch 12:30 STC Pick-up	4 11 9:30 Walking **10:00 Fitness Fusion** 11:30 Lunch 12:00 Line Dancing 12:30 STC Pick-up	5 9:30 Pinochle **9:30 EMS Screening** **10:00 Tai Chi** 11:30 Lunch 12:30 STC Pick-up	6 9:30 Walking **10:00 Walmart** 11:30 Lunch 12:30 Bingo 2pm STC Pick-up
9 10:00 Molina Healthcare Presentation **11:30 Lunch** **12:30 Pokeno** **12:30 Dominoes** **2:00 STC Pick- up**	10 9:30 Pinochle **10:00 Music Bingo** **12:00 Fresh Flowers** 11:30 Lunch 12:30 STC Pick-up	11 Center Closed	12 9:30 Pinochle **10:00 Tai Chi** 11:30 Lunch 12:30 STC Pick-up	13 9:30 Walking **10:30 Cleveland Museum of National History** 11:30 Lunch **12:30 Bingo** 2:00 STC Pick-up
16 **10:30 Luna's Restauraunt** 11:30 Lunch **12:30 Pokeno** **12:30 Dominoes** 2:00 STC Pick-up	17 9:30 Pinochle **10:00 Chair Exercise** 11:30 Lunch 12:30 STC Pick-up	18 9:30 Walking **10:00 Fitness Fusion** 11:30 Lunch **12:00 Line Dancing** 12:30 STC Pick-up	19 9:30 Pinochle **10:00 Tai Chi** 11:30 Lunch 12:30 STC Pick-up	20 9:30 Walking **9:30 Friendsgiving Fellowship Dinner** 11:30 Lunch 12:30 Bingo 2:00 STC Pick-up
23 10:00 Cardio Dance 11:30 Lunch **12:30 Pokeno** **12:30 Dominoes** 2:00 STC Pick-up	24 9:30 Pinochle **9:30 Food Box** **10:00 Fitness Fusion** 11:30 Lunch 12:30 STC Pick-up	25 9:30 Walking **10:00 Fitness Fusion** 11:30 Lunch **12:00 Line Dancing** 12:30 STC Pick-up	26 **Gunning Park Rose Center Closed** **Have a Happy Thanksgiving**	27 **Gunning Park Rose Center Closed**
30 10:00 S.P.I.C.E. Cooking 11:30 Lunch **12:30 Pokeno &** **12:30 Dominoes** 2:00 STC Pick-up	**Reminders: Meal orders & Transportation reservation are due on Monday by 3:00 pm.**			