

JUNE 2026 WRAAA MENU



Monday	Tuesday	Wednesday	Thursday	Friday	
1 *Meatballs 3-1 oz W.G. Sub Roll 2 oz, Marinara Sauce 2 oz *California Blend 1/2 c Roasted Potato Wedges 1/2 c Banana ALT = CS TR	2 *Chicken stuffed w/ Broccoli 6 oz. *Green Beans 1/2 c *Carrots 1/2 c Whole Grain Dinner Roll 2 oz Apricots 1/2 c ALT = CBG RB	3 *Stuffed Cabbage 6 oz *w/Sauce 2 oz *Mashed Potatoes 1/2 c *Mixed Vegetables 1/2 c Whole Grain Dinner Roll 2 oz Applesauce 1/2 c ALT = CF T	4 *Sliced Ham 3 oz w. Pineapple Glaze *Cheesy Potatoes 1/2 c *Harvard Beets 1/2 c 2 Whole Grain Wheat Fresh Grapes 1 c ALT = CBG TR	5 *Roasted Turkey 3 oz *Mashed potatoes 1/2 c w/ gravy *Green Beans 1/2 c W.G. Dinner Roll 2 oz Pears 1/2 c ALT = CF RB	
8 *Hamburger 3 oz Mustard & Ketchup 1 PC ea. *Baked Beans 1/2 c *Seasoned Potato Wedges 1/2 c W.G. Hamburger Bun 2 oz Mandarin Oranges 1/2 c ALT = CS TR	9 *Tomato Basil Chicken 3 oz. w/ Sauce 2 oz, W.G. Pasta 1/2 c. *Spinach 1/2 c, Lemon Jc. 1 PC *Capri Blend 1/2 c Whole Grain Wheat Sliced Pears 1/2 c ALT = CBG RB	10 *Stuffed Peppers 6 oz w/Tomato Sauce 2 oz *Mashed Potatoes 1/2 c *Green Peas 1/2 c Whole Grain Wheat Whole Grain Cereal Bar 1 oz Applesauce 1/2 c ALT = CF T	11 *Breaded Fish 4 oz w Tarta Sc 1 PC American cheese 1 slice Coleslaw 1/2 c *Seasoned Potato Wedges 1/2 c Whole Grain Bun 2 oz Fresh Grapes 1 c ALT = CBG RB	12 *Beef Meatloaf 3 oz *Gravy 2 oz *Mashed Potatoes 1/2 c *Mixed Vegetables 1/2 c Whole Grain Dinner Roll 2 oz Banana ALT = CF TR	
15 *Stuffed Shells 2-2 oz *w/Sauce 2 oz *Zucchini 1/2 c *Glazed Carrots 1/2 c 2 Whole Grain Wheat Mixed Fruit 1/2 c ALT = CS RB	16 *Chicken and Gravy 3 oz W.G. Biscuit 2 oz *Brussels Sprouts 1/2 c *Green Peas 1/2 c Applesauce 1/2 c ALT = CBG T	17 *Starchy Joe 3 oz *Sweet Potatoes 1/2 c *California Blend 1/2 c Whole Grain Dinner Roll 2 oz Pineapple Chunks 1/2 c ALT = CF RB	18 *BBQ Chicken Breast 3 oz *Macaroni and Cheese 1/2 c *Red Cabbage 1/2 c *Green beans 1/2 c Whole Grain Corn Muffin 1 oz Mixed Fruit 1/2 c ALT = CBG TR	19 Juneteenth Site Closed	
22 *Beef Lasagna 6 oz *Antiqua Blend 1/2 c *Cauliflower, 1/2 c Whole Grain Garlic Toast 2 oz Mandarin Oranges 1/2 c ALT = CS T	23 *Chicken Cordon Bleu 6 oz *Mashed Potatoes 1/2 c w/ gravy *Carrot Coins 1/2 c Whole Grain Dinner Roll, 2 oz Fresh Orange ALT = CBG RB	24 *Tuna Salad 3 oz *3 Bean Salad 1/2 c *Coleslaw 1/2 c Whole Grain Bun, 2 oz Fresh Fruit Salad 1 c ALT = CF RB	25 *Meatballs 3-1 oz W.G. Sub Roll 2 oz Marinara Sauce 2 oz *California Blend 1/2 c Roasted Potato Wedges 1/2 c Peaches 1/2 c ALT = CBG TR	26 *Chicken Stir Fry 3 oz *Brown Rice 1/2 c *Oriental Blend 1/2 c *Peppers and Onions 1/2 c 1 Whole Grain White Fresh Plum ALT = CF RB	
29 *Salisbury Steak 3 oz *Mashed Potatoes 1/2 c *Gravy 2 oz, *Mushrooms 1/2 c Whole Grain Dinner Roll Fresh Orange ALT = CS TR	30 *Chicken Patty 3 oz Mayo 1 PC *Lima Beans 1/2 c *Red Cabbage 1/2 c Whole Grain Bun 2 oz Applesauce 1/2 c ALT = CBG RB	<p>Menu Approved By: <i>Ann Stahlheber MS, RDN, LD</i></p>			<p>Choice of: 1% Milk, Buttermilk, or Calcium Fortified Juice *Take Temperature of Milk and all food proceeded by an asterisk</p>

Western Reserve Area Agency on Aging - 2026

Default Alternate Menu choices are shown at the bottom of each daily menu: "T" = Tuna, "TR" = Turkey, "RB" = Roast Beef, "V" = Cheese
ALT CS=Chicken Salad w/Croissant, ALT CBG = Spring Lettuce Salad w/Chicken Breast, ALT CF = Chef Salad w Lettuce, Ham, Egg, Cheese