

Lakeshore

June 2026

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1</p> <p>10:0 Cardio Drumming 11:30 Lunch 12:00 Dancing Wheels</p>	<p>2</p> <p>10:00 Aerobics w/ Christine 11:30 Lunch 12:00 Eating Healthy w/ Humana</p>	<p>3</p> <p>10:00 Bingo 11:30 Lunch 12:00 Pokeno</p>	<p>4</p> <p>10:00 Movement is Medicine 11:30 Lunch 12:00 Bible Study/Games</p>	<p>5</p> <p>10:00 Computer Lab 11:30 Lunch 12:00 Group Game</p>
<p>8</p> <p>10:00 Cardio Drumming 11:30 Lunch 12:00 Book Club</p>	<p>9</p> <p>10:00 Peddling 11:30 Lunch 12:00 Bible Study</p>	<p>10</p> <p>Goodtime III Trip</p> 	<p>11</p> <p>10:00 Zumba 11:30 Lunch 12:00 Chef Kellee/Games</p>	<p>12</p> <p>10:00 Computer Lab 11:30 Lunch 12:00 Group Game</p>
<p>15</p> <p>10:00 Cardio Drumming 11:30 Lunch 12:00 Dancing Wheels</p>	<p>16</p> <p>10:00 Peddling 11:30 Lunch 12:00 Bible Study/Gardening</p>	<p>17</p> <p>10:00 Healthy Blood Pressure 11:30 Lunch 12:00 Pokeno</p>	<p>18</p> <p>Juneteenth Celebration</p> 	<p>19 Center Closed</p> 
<p>22</p> <p>10:00 Cardio Drumming 11:30 Lunch 12:00 Book Club</p>	<p>23</p> <p>10:00 Peddling 11:30 Lunch 12:00 Bible Study/ Gardening</p>	<p>24</p> <p>10:00 Bingo 11:30 Lunch 12:00 Pokeno</p>	<p>25</p> <p>10:00 Zumba 11:30 Lunch 12:00 Bible study</p>	<p>26</p> <p>10:00 Social Hour 11:30 Lunch 12:00 Group Game Sakura Buffet</p>
<p>29</p> <p>10:00 Cardio Drumming 11:30 Lunch 12:00 Book club</p>	<p>30</p> <p>10:00 Peddling 11:30 Lunch 12:00 Bible Study/ Gardening Saver's trip</p>			<p>Are you ready???</p> <p>70's themed Prom is Saturday June 13th. 4pm-7pm Purchase your ticket if you have not already!</p>